

# TIERI NEWS

SPRING 2024

[tieri.com.au](http://tieri.com.au)



3-Phase Grillers  
Crowned Tieri's  
Best BBQ-er

Mobile Women's  
Health Service  
in Tieri

Harnessing  
Technology  
to Enhance  
Rehabilitation

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## FROM THE Acting Editor



At the time of putting this edition together, Paul Gardner, HR Manager at Oaky Creek Coal and Editor of Tieri News, was in Amsterdam, competing in the WSF World Masters Squash, so I have had the pleasure of stepping into his editorial shoes.

A big thank you to Dr. Daniel King for his important story on Men's Health in Focus ([page 28](#)), including what we should be aware of and where to get help. I'm grateful that we live in an age when support is readily available and the topic of men's health - in particular, mental health - is far less taboo than it once was. All the evidence suggests that educating ourselves on the signs to look for, and talking to people about how we're doing, are incredibly important. There has been a wealth of health-based activities and initiatives on site over the last few weeks ([page 8](#)) and I look forward to hearing from the Movember team in November. I encourage all (including those 'stereotypical' Australian men - myself included here) to keep connected, talk and seek counsel with those we're closest to, whether it's family, friends and/or a professional mental health expert. We're not alone and it amazes me how often the experiences of one person are felt by others and sharing helps everyone work through them.

As we head towards the hotter months, I'm reminded of the incredible dedication our local fireies pledge to our community. Under the guidance of Fire Captain, Stacey Barry ([page 12](#)), the Tieri Fire Brigade does life-saving work educating us on fire mitigation strategies, and protecting us in the event of a fire. On behalf of the community, thank you.

Community. It's a word we use often. The Cambridge Dictionary defines community as "the people living in one particular area or people who are considered as a unit because of their common interests". Our community exists not only because of our shared geographical location, it exists because we all care about the same things, and about each other. This is frequently demonstrated in the feedback you provide in the Local Voices Surveys ([page 15](#)) and on any community projects, such as the new multi-purpose courts ([page 38](#)). Your input into our community is vital for its success. It helps OCC (and Central Highlands Regional Council) determine the most appropriate course of action and investments that shape our town.

We openly listen to all feedback we receive and one thing we have heard loud and clear is the importance of childcare availability. I, along with Paul, and Roger Decker, Town Services Superintendent, are actively working out the right process for Tieri on this matter with interested parties, as well as relevant local, regional and State-based stakeholders to research and validate options. It's a complex process but we are committed to finding a sustainable solution, and will keep you informed along the way.

Speaking of sustainable solutions, our Accelerated Rehabilitation Strategy aims to successfully rehabilitate increasing areas of land occupied by the OCC mine and return it to a safe, stable, non-polluting and sustainable condition. To help us effectively - and responsibly - speed up and scale up our rehabilitation efforts, OCC has been harnessing artificial intelligence to gather precise data and insights that allows us to make more informed rehabilitation decisions ([page 42](#)). It's good for business, good for the environment...and pretty cool, too!

Before I leave you to enjoy this edition, I want to share my congratulations with Warren Nunn for celebrating 40-years with Oaky Creek Coal ([page 46](#)) - what an incredible milestone. On a personal note, I always appreciate Warren saying g'day when we cross paths and for providing considered and insightful ideas. Thank you, Warren.

There's certainly plenty more to celebrate as we look forward to the upcoming festive season and I hope to see as many of you as possible at the community events ([page 9](#)). It's always a time when the Tieri spirit shines bright.

For now, enjoy this issue and, as always, if you have any feedback, please email [paul.gardner@glencore.com.au](mailto:paul.gardner@glencore.com.au).

Joel

Joel May, Environment & Community Manager, Oaky Creek Coal

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# MESSAGE FROM Damien Wynn

General Manager at Oaky Creek Coal

At Oaky Creek Coal our vision is to be a **safe, productive and professional business where our people are proud, engaged and enjoy achieving our goals**. To achieve this, we need to ensure we have the talent, processes, resources and capabilities to adapt to changing market conditions, including increased costs, fluctuating market demands, and reduced coal pricing over the coming years.

Our 2024 plan sets out clear priorities for the Senior Leadership Team (SLT) to focus on, each of which will help set us up for continued success, allow us to weather any storms, and achieve our vision, including:

- Our **Accelerated Rehabilitation Strategy** which aims to continually increase the area of land successfully rehabilitated, monitored and certified each year. To date, more than 5,000 hectares of previously mined land has been progressively rehabilitated at OCC. Of which, 1,475 hectares (that's twice the size of Hamilton Island) has been approved and certified by the Department of Environment, Science and Innovation, making OCC one of the leading mining operations in the rehabilitation space.
- Our **War on Waste** that looks for opportunities to remove or reduce waste (for example, wasted time, processes, loss productivity, repeated breakdowns, double handling material and excess warehouse inventory) throughout our operation, making us more efficient and effective.
- Our **Critical Leadership Tools** - including Workplace Interactions where we use open questions and positive reinforcement to engage with our workforce - are being rolled out and embedded throughout the organisation, from the SLT to Coordinator level, equipping us with the skills and resources to responsibly progress our business and our people.
- Our **Design Optimisation Strategy** ensures a seamless transition from the 700 longwall mining series, to the 600 series, which covers a different area of the mine. Mining of longwall 708 (the last of the 700 series) begins in October and will run through until July 2025. OCC has invested in two sets of longwall equipment, which means that whilst 708 is running, we can install the second set of longwall equipment in longwall 601 (the first of the 600 series) and be ready for continuity of production as one longwall block finishes and the next starts.

As part of our 2024 Plan, the OCC SLT made a commitment to look outside the mining industry for more best-practice safety systems and processes. In keeping with this, in July we visited Stanwell Power Station to learn about their safety systems, processes and personal safety programs. It was a valuable experience and has inspired the SLT to think outside the box to continually improve the various safety measures we have in place.

Further learnings and inspiration around safety were gathered at the Queensland Mining Industry Health and Safety Conference in August. The conference is an opportunity for mining operations across the State to share their experiences and learnings, and to evolve safety practices, resources and mindsets.

As part of our People & Culture strategy, OCC is committed to cultivating a diverse and inclusive business and, by extension, community. We understand that one barrier to this is the current childcare situation, something you reinforced through the Local Voices Pulse Survey earlier in the year ([page 15](#)). Whilst we don't have any answers as yet, I assure you that Paul Gardner, Joel May, Roger Decker and I, along with the rest of the SLT, fully appreciate the role that childcare availability plays in providing increased opportunities for parents and their career paths. We are all wholeheartedly committed to finding a solution and this will

remain a key focus as we plan for 2025.

In fact, with only three months left of the year, planning for 2025 is already in motion. The SLT is in the process of reviewing and refining our areas of priority to ensure we remain a safe, productive and professional business where our people are proud, engaged and enjoy achieving our goals.

One area of priority that will never change at OCC is our focus on safety. After his strong engagement with Oaky North and Oaky Surface earlier this year, I'm delighted that Theo Venter ([theoverter.com/about](http://theoverter.com/about) - the only person known to have survived 22,000 volts and 1,200 amps through the heart and survived) is coming back to work with our crews on Phase 2 of his Cultural Safety Engagement program.

Encouragingly, Oaky North C-Crew and B-Crew recently celebrated 365-days injury-free; and Oaky Surface has been injury free since March which is very positive. That said, safety is an ongoing journey and even minor injuries can have a lasting effect on people and their families. That's why safety is never something we can take for granted; we need to strive for safety every minute - every second! - of every single day.

This extends to our psychological safety and mental health as well. I'm a big believer in talking about things and am proud of the work OCC is doing to encourage mental health conversations in the workplace. As a society, as an industry, and as an organisation, we're a lot better at this today than we were years ago, but there is still a long way to go. You'll see a lot happening over the coming weeks to help facilitate this, and I hope you'll all get involved. I'm looking forward to seeing a few mo's around site this November! A good conversation starter to check in with your mates, whilst raising money for a worthy cause. At the time of writing, thanks to the generous donations from across the community, the OCC Team had already surpassed their target of \$10,000 - well done everyone. It's always inspiring to see the difference individuals can make when they come together for the common good.

It is with great sadness and fond memories that we say farewell to our colleague and friend, Jason Nicholls, who passed away on 26th August 2024 after a battle with cancer. Jason had been part of the Oaky team for nearly 20 years, from 2004 to 2017 at Oaky No. 1, and Oaky North from 2022 to this year, where he worked as Deputy. During that time Jason made a considerable impact not only on our business, but on the people he worked with. He will be greatly missed here at OCC, and our thoughts are with his family and loved ones.

In memory of Jason and to support his service, we will be holding a BBQ at the end of September to raise funds for the Royal Flying Doctors Service who transported Jason and his Mum from his home in Moore Park Beach (near Bundaberg) to Brisbane, for treatment. If you would like to donate, you can do so [here](#).

Whether it's at home, at work, or on the roads, have a safe couple of months everyone and I look forward to seeing you at the Town Christmas Party on 7th December.

*Damien*



Click  
here to  
donate







# COMMUNITY EVENTS

18TH JULY

## Australia's Biggest Morning Tea

Team Tieri, we did it again! Australia's Biggest Morning Tea was held in the Town Centre on Thursday 18th July, and we raised over \$4000 for Queensland Cancer Council - congratulations.

A huge thank you to all attendees who braved the cool winter's morning to come and support the annual morning tea. And what a feast it was. Generous bakers from across town spent hours creating delicious delights, from muffins to macarons; banana bread to brownies; caramel shortbread to salted caramel tarts; scones, lamingtons, cookies...you name it, someone had baked it!

Coffee and tea provided by CTM LINKS helped keep everyone warm and cleansed the palates, ready to try another something yummy.

The beautifully made treats were appreciated by everyone, and received countless compliments. And they tasted all the sweeter knowing the money raised was going to a vital cause.

*"Cancer of all colours matters and we need to do all we can to kick it to the curb. Whether directly or indirectly, nearly everyone has been impacted by this insidious disease and that is why we raised our cups and cakes for cancer awareness and to help find a cure,"* says Tracey Ryder-Slatton, co-organiser.

With full bellies and full hearts, the community shared lots of laughs throughout the morning. Keeping the crowds entertained were the Lucky Cup, Lucky Seat and raffles, and the infamous Mystery Auction which was once again a big hit. There were 34 mystery boxes available to bid on. Prizes included towel sets, cheese boards, vouchers, and even an "Awareness Box" which included Bowel Screen Kits, Movicol and Kleenex toilet paper, which was met with peals of laughter from Raewyn Donovan after her winning bid secured her the box and she opened it up to reveal what was inside.

*"An event like this doesn't happen without the generous donations of cakes, time, resources, equipment, prizes and much more from the business and households across Tieri and Capella. Thank you doesn't seem enough for the support you give every year."* Tracey Ryder-Slatton

An event like this also doesn't happen without a lot of planning. In fact, Nurse Sue, Tracey Ryder-Slatton, Kerry Walker and Ryl Gardiner worked behind the scenes for over four months, coordinating efforts from across the community to ensure all policies and procedures were followed, there were plenty of cakes to eat, coffee and tea to drink, raffles to partake in, prizes to be won, and volunteers to help facilitate everything on the day so it all ran smoothly and everyone had a great time, raising money for a worthwhile cause. On behalf of Tieri, thank you for making Australia's Biggest Morning Tea a much loved fixture on our community events calendar.







31ST JULY

## TSS Under 8s Day

On the morning of 31st July, 2024 Tieri State School (TSS) held its annual Under-8s Day to recognise and celebrate all the amazing children aged eight and under in the Tieri community.

Over 80 children and parents from TSS, other local schools, C&K Kindergarten and Tieri Daycare attended.

“Our goal is to always create an exciting opportunity for the younger generation of children to visit the primary school and explore academic activities in a fun and engaging way, explains event organiser, Taylor Hurst.”

Smiles and laughter permeated from the children as they enjoyed the many different stalls, including face painting with Kath Hema from CTM LINKS, musical anklets, musical instruments, playdough and Tieri Library’s sensory play station.

The local policeman, Wayne Harris showed off his police car, complete with lights and siren, and firefighters from Tieri’s fire brigade let the children explore the fire truck, work the fire hoses and dress up in a firefighter’s uniform.

Glencore provided goodie bags of merchandise and there was a table for children to reveal ‘All About My Parents’...much to the amusement of the adults!

It was the perfect morning for the adults to relax, catch up with old friends and make new connections, whilst having fun with the children...which is what the Under-8s Day is all about and what makes it so special.

Taylor describes it as a heart-warming experience for TSS staff and students alike: “We were all so excited and proud to welcome members of the community into our school grounds to share our space and enjoy fun activities with connections, old and new.”

TSS has invested a considerable amount of time and effort into building and maintaining community partnerships to the benefit of the children and the town overall. “It really does take a village, and together we are strong!”

**A special thank you to the following organisations and individuals without whose support the Under 8’s Day would not be possible:** Glencore and Ashley Edler; Tieri Library and Aimee and Dani; CTM LINKS and Kath Hema; Tieri Daycare and Bodella and Shaylee; Tieri Fire Brigade and Wotjek, Whitley and Corey; Tieri Police and Wayne Harris; Mr. Murrell for the music and Taylor Hurst organising the event and bringing everyone together.



**All about My Dad** OAKY CREEK COAL GLENCORE

My dad's name is: Ren Preston

My dad's job is: OAKY CREEK COAL

My dad is: 41 years old

My favourite thing to do with dad is: cooking with him

My dad always says: Koko knows time to go to school

My dad's hobby is: watching footy

I love my dad because: he is funny kind and energetic

Love From: your favourite child KOKO

**All about My Dad** OAKY CREEK COAL GLENCORE

My dad's name is: Martin

My dad's job is: shop and sales

My dad is: 45 years old

My favourite thing to do with dad is: football

My dad always says: NO

My dad's hobby is: bring old

I love my dad because: he is kind best dad

Love From: Evelyn





# COMMUNITY EVENTS



24TH AUGUST

## Capella Rodeo

The 2024 Capella Rodeo was held on the 24th of August at the Capella Covered Arena. Thanks to the valuable support from Glencore, Capella Rodeo was one of the largest rodeos in Queensland, with over 376 competitors, more than 1200 spectators and a prize pool totalling over \$40,000.

The event kicked off at 8am with a full day of rodeo events, before the main performance at 6pm with a near full capacity grandstand to take in the spectacle.

Local Capella talent, Macy Tasker, opened the show with a beautiful rendition of the National Anthem in the grand entry, with the top cowboys and cowgirls alongside her.

This year the Ross Ford Memorial bronc ride shoot-out was won by Greg Hamilton and the open bull ride won by Lane Mellers.

The Glencore big screen provided an elite spectator experience, with instant replays and sponsor advertising displayed throughout the evening.

There was something for all ages at the Capella Rodeo this year, with kids' entertainment, quality food and drink, lucky gate prizes, the courtesy bus and auction of Ben Hunt's origin jersey, model plan with all proceeds going to the RFDS base in Emerald.

In the designated sponsors area, the catered food and drink was a great success and acknowledgement to our valued gold and platinum sponsors. Our committee appreciates the generous contribution our sponsors make to the Capella Rodeo, without which we wouldn't be able to create such a wonderful event for our local community to enjoy. With their help, we strive to make Capella Rodeo one of the largest and most respected rodeo events in Australia.

2ND - 4TH SEPTEMBER

## ManUp! Information Sessions at OCC

As part of Prostate Cancer Awareness Month and Oaky Creek Coal's 'Your Health is Your Wealth' campaign, OCC invited ManUp! to hold an information session to raise awareness about prostate cancer.

ManUp!'s mission is simple: to stop deaths from prostate cancer by educating men in regional and rural Queensland and New South Wales, and encouraging early detection by annual testing.

As they state on their website: *"We don't want anyone to lose their husband, dad, brother or son to prostate cancer because they simply didn't know what to do. Our mantra is clear: if you are 40 years or older, ask your doctor for a PSA blood test. Have the test every year to establish your baseline. Know your SCORE, understand it and track it. Encourage your mates to do the same."*

Over three days, the ManUp! team delivered their powerful message to workers at Oaky North, Oaky Surface and the CHPP wash plant.

OCC also overhauled one of their Drift Runners to promote Prostate Cancer Awareness and Movember.

As well as raising awareness for Prostate Cancer, Breast Cancer (Oct) and Movember (Nov), OCC's 'Your Health is Your Wealth' campaign is also raising money for Movember. So far they have raised \$12,440 thanks to individuals ordering bespoke t-shirts promoting Prostate Cancer Awareness month and Movember.





7TH SEPTEMBER

# Oaky Creek Coal Family Event - Tieri Beer and BBQ Festival

It was a festival for the senses at Tieri Golf Club as the town enjoyed the perfect combination of music, beer and smoked meat, thanks to the hotly anticipated Smoked Meat Competition to find out who can proclaim to be Tieri's best BBQ-er!

Five teams were in the running for the title, including Hillbilly Smokehouse, Too Sauced, Pot's Pit BBQ, The Slow Cookers and the 3-Phase Grillers.

Throughout the cook-off, the competitors served up mouth watering chicken wings, pulled pork, beef brisket and a side of their choice...with the Hawaiian bites and chocolate brownies with ice-cream definitely proving to be crowd favourites.

In the end it was a close call, but the coveted "Best BBQ-er Award" went to the 3-Phase Grillers - congratulations!

Big thanks to our amazing judges Brad Lane, Stephen and Raewyn Ruprecht and to Jet Engineering for donating the Fire Pit for the BBQ Champ. Also thanks to our wonderful entertainment on the night: Crazy Cat Lady Art for the fantastic kids face painting, Kombi Keg Townsville for supplying us with scrumptious cocktails, the wonderfully talented musical stylings of Luella, and Elite Jumping Castle Hire for the kids activities.







# COMMUNITY EVENTS

12TH SEPTEMBER

## R U OK? Day

A conversation can change - or save - a life. That was the message given to workers at Oaky Creek Coal earlier this month as part of R U OK? Day and the company's ongoing commitment to protecting the mental health of its team.

Pre-start talks happen at the start of every shift across all three of the Oaky Creek Coal (OCC) sites: Oaky Surface, CHPP and Oaky North Underground. They're a great way to share information that affects the entire workforce, and often the wider community.

In support of R U OK? Day, from 10th - 12th September, all pre-starts at OCC included a section on the importance of mental health awareness; how to ask your mates, colleagues or family members if they are OK; and - importantly - what to do if you have the conversation and they are not okay.

Morning tea was served and there was a take-home R U OK? Day pack, containing a small packet of M&M's branded with 'Ask R U OK?' and an OCC stainless steel mug (which can be taken underground) with the Mates in Mining number to call if someone is not OK.

The initiative was organised by the OCC Health, Safety and Training team, with the support of the OCC Senior Leadership Team.

## Mates Supporting Mates

2020 - 2022 ABS statistics show that one in two Australians have experienced a mental health condition in their lifetime. Recognising this, mental health is a key focus at OCC and they proudly partner with Mates in Mining to build a community of support at the mine for workers and their families.

The Mates in Mining 'MATES' program provides evidence-based training to create a structure of 'mates helping mates' on site. The General Awareness Training (GAT) is typically delivered to 80 per cent of OCC workers on-site, explaining the gravity of the problem, that it's okay to talk about mental health, and providing them with practical guidance as to how they can assist a mate.

Following GAT, workers can volunteer for further training to become Connectors, who connect people in need with professional help.

**Ask R U OK? ANY DAY**  
Have a conversation using these 4 steps

- 1 Ask R U OK?**  
Illustration: One character asks the other. Speech bubbles: "How are you travelling?" and "You don't seem yourself lately - want to talk about it?"
- 2 Listen**  
Illustration: One character listens to the other. Speech bubbles: "I'm here to listen if you want to talk more." and "Have you been feeling this way for a while?"
- 3 Encourage action**  
Illustration: One character encourages the other, with a dog nearby. Speech bubbles: "What do you think is a first step that might help you?" and "Have you spoken to your doctor about this?"
- 4 Check in**  
Illustration: One character checks in with the other at a table. Speech bubbles: "Just wanted to check in and see how you're doing?" and "Have things improved for you since our last chat?"

Learn more at [ruok.org.au](http://ruok.org.au)

“With the help and training of Mates in Mining, OCC is passionate about building a robust network of mental health Connectors across the mine who are dedicated to supporting mates, encouraging them to speak up when they are doing it tough, and helping them get the support they need, explains Mary Chua, Safety Superintendent at OCC. We're deeply grateful to the OCC Connectors who have a passion to be part of this crucial program which may save the lives of those in our community.”







## SAVE THE DATE

The Events Organising Committee continues to meet every two months to share ideas and plan a wide range of exciting events for 2024 and beyond. After every meeting, the [online events calendar](#) is updated so you have access to the most accurate information, allowing you to plan ahead and get involved.

### Here's a taste of what you can expect in the coming months:

**October:** Breast Cancer Information Session at OCC

**14th & 15th October:** Well Women's Clinic and Cervical Screening at Tieri Community Health Centre ([page 26](#))



## MOVEMBER®

**November:** Movember Information Session at OCC

If you would like to donate to the OCC Team raising money for Movember, please scan the QR code

[Click here to donate](#)

To see the full calendar of events for Tieri, Capella and the surrounding areas, visit [tieri.com.au/events-calendar/](http://tieri.com.au/events-calendar/).

If you have an idea for an event, would like to be on the Organising Committee, or would like to volunteer to help out at any of the upcoming events, please reach out to Katie Duncan on 07 4984 7100 or [Katie.Duncan@glencore.com.au](mailto:Katie.Duncan@glencore.com.au).

**28 June, 2025**  
Oak Creek Coal  
Family Day



**4th November:** Christmas Gift Registration deadline

**2024 TIERI TOWN PARTY**  
*Gift Registration*

Gift Collection: **Saturday 7th December 2024**  
5pm to 7pm only

Please complete the online gift registration form for children 12 and under only via the QR code below.

[Click here to register](#)

Registrations must be received no later than **Monday 4th November 2024\***

\*Late submissions will not be accepted. Gifts must be collected during this period only.

For further enquiries, please email [occ.events@glencore.com.au](mailto:occ.events@glencore.com.au) or phone 07 4984 7100

**7th December:** Tieri Town Christmas Party

**TIERI TOWN CHRISTMAS PARTY**  
DEC | 7 | 2024 5-10PM

Food Rides Fireworks Music Bar

TIERI TOWN CENTRE

NO BYO NO BYO







## Made by Mumz

**Your name:** Kerry Walker

**Locations serviced:** Tieri and the surrounding areas, including Capella, Middlemount, Dysart, Clermont, Emerald, Moura, Moranbah in the north, and as far down as Monto.

**Follow us on:** [facebook.com/KerryWalker15/](https://facebook.com/KerryWalker15/)



### Tell us about yourself and how your business - Made by Mumz - came to be?

It began as a hobby. We were living in Broome. My hubby was working 11 on and 2 off, and I was bored. I would often spend my time visiting the local markets. I began to notice that all the items being sold were mostly from overseas. There was very little that was made here in Australia, and nothing that showcased or supported the incredible creativity of our native talent.

Having spotted a gap in the markets, I started sourcing some original, handmade baby clothes from makers via Facebook. We were living in a caravan at the time, so it was just a small amount of stock to trial. It took off straight away, and soon the caravan was bursting at the seams with beautifully made baby outfits and other baby items that I sold at markets in and around Broome.

When we left in 2015 to move to the Sunshine Coast so we could be closer to my in-laws, I donated all my stock to a women's shelter

in Brisbane. It was Christmas time and I wanted all the babies (and their mums) to have a little piece of happiness. My hobby hit pause for a while.

In 2019, we moved to Tieri to be with my daughter and our four grandchildren who live here.

A few months in, after exploring the many markets in the region, I said to my husband "I might start doing a couple of markets again".

I reached out to a few of the suppliers I'd worked with before, and sourced a few others. At first, I was mostly doing the markets in Capella and Tieri, but it's kept growing and growing! With the influx of babies we've recently welcomed into Tieri, and the 43 (that we know of) currently due across Tieri and Capella, it's certainly a busy time! ([page 27](#))

What started as a hobby has turned into a registered business, and I recently won the Springsure P&A Society 2024 President's Choice Trade Exhibitor Award at the Springsure Show in June this year - that was a real honour.

### What items do you sell?

A lot! I have two bedrooms full to the brim of stock. I cater for newborns, up to size 7 in some items. It's all traditional baby and children's outfits, including rompers, dresses, pants, t-shirts, skirts, shorts, and lots and lots of bibs. I also sell appliqué (where one material is sewn over another) towel sets, little rugs and a selection of homemade toys.

### How do you source the items?

As the name suggests, everything is made by mums from across the country, from NSW to WA, Tassie to the Northern Territory.

My point of difference is that I do not mass purchase commercially produced items. I use Facebook to find mums who handcraft the items from home. Everything is different. You'll never find two items exactly the same. I want people to walk away with something unique, something special.

I have 12 regular suppliers that I buy from, and I top this up with different items from different suppliers, depending on what's available, what's in demand, or the season.

Every item has a little tag on it with the maker's name or logo, so people know who made it and can buy directly from them if they choose.

### What are the most popular items?

Everyone loves the appliqué onesies or vests with matching bloomers, or the little romper suits with straps over the shoulders. They're lovely and cool which is needed up here.

### Where do you sell your products?

It's mostly markets and festivals. Otherwise, via the Made by Mumz Facebook page. I've also done a few pop up shops at the community space in Tieri. It's a different vibe to a market, more slow and steady rather than the rush of a market day, but still worth my while and good exposure for the business.

### Take us through a typical market day...

My dear husband comes with me to every single one, which I'm very grateful for, especially when there's more than one market on a weekend. In July, we did three markets in one weekend:





Blackwater on the Friday for NAIDOC, Capella's Xmas in July markets on the Saturday, and then Moranbah the next day! It was a big weekend but worth it, and I couldn't have done it without my husband's help.

We pack up the car in the days prior. If it's further away, like Moranbah or Monto, we'll drive there the day before and stay overnight.

Otherwise, we get up at 6am, grab something to eat and get to our site. We put the gazebo up, along with four tables and plenty of racks. Then it's time to unpack and hang everything up or display everything in an attractive way so we entice customers. I'll often be selling items at the same time as setting up because there are always people who come early to avoid the crowds.

From 8am, it's a constant stream of activity as mums and dads or aunts, uncles, grandparents and friends come by to chat, browse, ask questions and buy. Even if they don't end up buying, I don't mind, they've still experienced the business and maybe they'll buy next time, or mention it to someone who will.

Around 12pm, it's time to pack everything up and head home. In the days afterwards, I do a stocktake, update my Facebook albums, work out what stock has depleted and focus on reordering, something I always seem to be doing. I work part time at Tieri Post Office which is very handy for when all the deliveries come in!

### What are the key ingredients to running a successful market stall?

1. You have to be organised, have a genuine interest in people, and be happy and welcoming to everyone, even if they're just browsing through.
2. Advertise ahead of time so people know to come along and where to find you.
3. You have to set up your display so it's easy to see everything.
4. Have something new or eye-catching on the front table to draw people in. The little flare pants are always a winner for me.
5. Know what your customer needs from their market experience. For me, that means having enough room for prams to go through.
6. Make it clear where they can pay for their items, and be open to both cash and card.

### What are the best and worst parts about being your own boss?

The best part is getting to know all sorts of different people and meeting all the little ones; I just love it - it fills my heart and soul. The worst is the time management when it comes to market day.

### What do you love about living and working in Tieri?

Tieri is a wonderful place, it just wraps its arms around you. Whilst it's mostly made up of a younger demographic, there's a group of us in our 60s that have a great laugh and are always there to support each other. It's small, safe and friendly and I love going into town or out and about and knowing I'll bump into someone for a chat.



### What have you learned about yourself since starting Made by Mumz?

It's certainly given me more self confidence, especially at the beginning, and in recent years as it's grown into a fully fledged business. And I've realised that if you have a dream, there's nearly always a way to make that dream come to life. Aside from that, it has reinforced my love of people, and even when the world can sometimes feel miserable, markets always have a happy vibe to them.

### What do you hope your products will bring to people?

I hope the little outfits have a happy journey and make happy memories for the children that wear them and their families. They're all made with love, and I hope they're worn with love and happiness.

### If there are any creative Mums reading this who would like to become a supplier to Made by Mumz, what should they do?

If people make baby items and it's up to the standard I usually stock, I'd love them to get in touch or swing by for a chat at a market.

### How can people purchase your products?

Browse the gallery on the Made by Mumz Facebook page. If you see something you like, send me a message, I'll let you know how much it is, and we go from there. I offer free delivery to customers living in Tieri or Capella. Anywhere else, I'll let you know what the delivery cost is.

### Better yet, come and find me at a market near you! Coming up soon, you can find me at:

- Saturday, 5th October: Monto's 100-year markets
- Sunday, 6th October: Emerald
- Sunday, 13th October: Moura
- Sunday, 20th October: Dysart
- Sunday, 27th October: Moranbah
- Sunday, 3rd November: Emerald
- Sunday, 17th November: Dysart
- Sunday, 24th November: Moranbah....

**plus a heap of Christmas markets - keep checking the Made by Mumz Facebook page for details! ●**







# MEET THE LOCALS

## STACEY BARRY

Our top little town is full of interesting people from varied backgrounds. Each edition, we chat to different members of the community to get their story and share it with you so you get to “Meet the Locals”.

### THIS EDITION, WE MEET TIERI'S FIRE CAPTAIN, Stacey Barry...



#### Stacey, how long have you lived in Tieri?

I moved here 17 years ago from Lithgow in NSW. It's also a mining town so it has a similar sort of vibe to Tieri, but Tieri is a lot smaller...and warmer!

#### 17 years is a long time. How has Tieri changed in that period and how has it stayed the same?

It's definitely a lot more transient now. In the early years, I used to know pretty much everyone here, but today there are a lot more people I don't know. When you live in a small community for such a long time, you make close friends, but it's inevitable that people move on. It's sad to lose them, but we've remained friends despite the distance. And it's good to get new faces and an injection of fresh energy and ideas into the community.

Despite the more transient nature of the town, it's still a quiet, friendly, welcoming place to live. Everyone still looks out for each other and it's still a great place to raise a family. My three sons, aged 27, 25 and 18, were raised here, and now my two grandsons, aged 3 and 1, are growing up here too!

#### You work at CTM LINKS - what's your role there?

I'm the Administration Officer and I do anything that's needed to support the three Community Development Officers (CDOs) at Capella, Middlemount and Kath Hema, here in Tieri. Despite being close by, the three areas are all very different to each and have very different demographics. That means the services we provide ([pages 18-19](#)) and support needed varies from site to site, and includes general admin duties, assisting with events, reviewing the latest legislation, and reviewing and writing policies and procedures. Most recently, I've been working in Middlemount for three days a week to support our new CDO as they get to know the area and the role.

I've been with CTM LINKS for four years and I draw on all my years of experience working as a registered nurse, as well as my many studies including a Diploma of Applied Science, Diploma of Occupational Health and Safety, Bachelor of Nursing, and Bachelor of Accident Forensics which I've nearly finished.

#### Outside of work, you've been an auxiliary firefighter with the Tieri Fire Brigade for 13 years. What motivated you to first get involved?

I had young kids and couldn't work as a Registered Nurse which would have required me to travel to Emerald. I was looking for a challenge that wasn't full time. I had worked on the fireground during the NSW bushfires back in the 90s and found it a rewarding experience. When I moved to Tieri, I wanted to continue that journey, so I applied for a position as an auxiliary firefighter at the Tieri Station, eventually working my way to Captain.

#### What does the role of Captain involve?

General running of the station, reporting, training, recruiting and managing incidents. Work hours vary from a few hours a week to twenty or more if we are called to an incident or conduct Hazard Reduction Burns.

We do a lot of community education too, which I love doing. We were at Tieri State School recently for the Under 8s Day ([page 5](#)). It's always great to see their little faces light up. I got a letter in my mailbox from a 4-year old with a drawing of a fire truck and a message. It really warms my heart.

#### What training do you have to do?

Back when I started we had to do initial 'on-station' training. That was followed by two weeks intensive training offsite, before coming back to the station. Training is also ongoing to ensure we remain competent.

Training is multifaceted and includes skills such as how to use a fire hydrant, wearing a breathing apparatus, evaluating hazardous materials incidents and how to use the 'Jaws of Life' to get people out of a trapped car. The Jaws are like a big pair of scissors that can cut, lift, spread and breach doors allowing us to get in, or get people out of dangerous situations.

#### What's been the most rewarding experience you've had?

Probably training our new recruits and seeing them flourish. It's a joy getting them to a place where they are a competent member of the team, a valuable member of the community and can respond to an incident effectively.







### Any scary moments?

A fair few...anything involving children or fatalities is always pretty tough going. I'm grateful to have a strong support network around us in those times.

### It takes a certain sort of person to quite literally put themselves in the line of fire. What qualities do you think people need to have to be a firefighter?

It's certainly not for everyone. There are lots of different qualities required. You've got to be empathetic, but also able to compartmentalise. And, importantly, you need to be able to reach out and ask for help, both physical help and emotional support.

### What have you learned about yourself since you started?

I'm definitely stronger than I thought I was, in more ways than one. And also that if I put my mind to something, I can do it.

### As we head into the warmer months and the fire season, what can people be doing to protect themselves and their property?

Make sure your gutters are clear and don't put your lawn clippings over the back fence. Take them to the dump. And, it should go without saying, but I'll say it anyway: don't throw rubbish into the bush, especially tyres!

### With so much going on, what does a typical week look like for you?

I'm a big NRL fan and support the Dragons and the Blues, so in between my work at the station and at CTM LINKS, I try not to miss any games.

Footy brings a great sense of community with it, which is why it's been so great to have the Pirates (pages 34-35) back up and running for the last two seasons. Tieri - and plenty of people from the surrounding areas - come out to support them. My middle son plays for them and my eldest is a waterboy. I absolutely love watching footy...but I find it hard when my boy is playing - I don't want him to get hurt!

### What might people be surprised to know about you?

I am a descendant of Vikings!

### Where's your 'happy place'?

Obviously, any time spent with my kids and grandsons.

Or watching footy on my back verandah, with my dog Peanut (a girl!) - that's often where people will find me.

### Any moments you'd like to re-experience?

When I went to Africa. Kruger National Park, Zimbabwe and Cape Town were just stunning. The landscape, the animals, the culture, the people...it was just amazing.



## Quick-Fire Round...

### How do you describe yourself?

Resilient.

### How would your mates describe you?

Introverted and a homebody. They have a hard time getting me out of my house!

### How do you spend your spare time... and with whom?

Watching footy, with Peanut.

### 5 things you can't live without?

1. Kids and grandkids
2. Peanut
3. Footy
4. Coffee
5. Beer

### Dead or alive, who would be your ideal dinner guests?

My Mum and Dad, Lady Di and Kurt Cobain.

### If you could have anyone else's job, whose would it be and why?

I love both my jobs. I'm proud to be an auxiliary firefighter for the Queensland Fire and Emergency Service, so I don't think I'd want to give that up. But, in a different life, I would love to be a forensic scientist. ●







# INVESTING IN OUR COMMUNITY

Did you know that Oaky Creek Coal's Community Investment SmartyGrant and Local Community & Family Events Smarty Grants are not just available to community groups in Tieri, but within the surrounding communities as well?

"We recognise that not all community and sporting clubs, groups and events are available or accessible here in Tieri, and that residents and their families need to travel to surrounding towns in order to participate," says Kate French, Senior Environment & Community Advisor at Oaky Creek Coal (OCC).

"To help you get off the ground, generate interest and continue to thrive, we encourage any not-for-profit community or sporting groups within Tieri and the surrounding communities including, for example, Capella, Middlemount or Emerald, to apply for a SmartyGrant."

In the past, Oaky Creek Coal has proudly provided grants and in-kind support to many not-for-profit organisations outside of Tieri, including the Capella & District Show Society, Capella State and High Schools, Capella C&K Early Childhood Centre, Capella Campdraft Association, Central Highlands Karate, and the Capella Rodeo Club who, last month, held its 2024 Capella Rodeo (page 6). The committee shared its appreciation for Glencore's support of their "beloved sport of Rodeo" and for helping them make Capella Rodeo "one of the largest rodeos in Queensland, with over 376 competitors, more than 1200 spectators and a prize pooling totalling over \$40,000."

## Who can apply for a SmartyGrant?

To be considered for community investment, whether financial or in-kind, groups must demonstrate how the initiative will make a positive contribution to the community and should target at least one of the following focus areas:

- Education & Skills
- Enterprise Development/Economic Diversification
- Community Health & Wellbeing
- Environment
- Humanitarian & Emergency Response
- Infrastructure
- Strengthening of Local Institutions
- Identified Local Need

Your community project must also demonstrate a high-level of community involvement and primarily benefit at least one of the communities where Glencore operates, in this case - Tieri.

## Tieri Possums Playgroup Enjoy New Resources

“A little shout out to Glencore for providing us with the grant money to purchase these two new wonderful resources for Tieri Possums Playgroup! The children have been enjoying sensory play experiences on the tuff tray and have absolutely loved using their imaginations with our new wooden play kitchen. Both items are well loved by the playgroup children already and I'm sure they will be loved for years to come.”

- Mikaela Storti, who runs Tieri Possums Playgroup along with Molly Elliott.



Are you part of a community social or sporting group in Tieri or the surrounding communities?

Do you have an idea for a community event, initiative, sports or social group?

Then be sure to check out the multiple grant opportunities still available in 2024:

**Oaky Creek Coal Community Investment Grants: 3 rounds in total**

- **Round 3 – NOW OPEN!**  
(closes 15 December 2024)

**CLICK HERE**

**Oaky Creek Coal Local Community & Family Events Grants: available year round**

- **OPEN ALL YEAR!**  
(closes 15 December 2024, 5pm)

**CLICK HERE**

Details on all the available grants, as well as criteria and guidelines for completing your application, can be found at [glencore.smartygrants.com.au](http://glencore.smartygrants.com.au).

If you would like any further information, please reach out to the OCC Environment & Community team on (07) 4984 7100 or [OCCEnvironment@glencore.com.au](mailto:OCCEnvironment@glencore.com.au).

**CLICK HERE**







# TIERI, YOUR VOICE MATTERS

## LOCAL VOICES: Tieri, Your Voice Matters

In addition to their regular feedback channels, Oaky Creek Coal has partnered with research company, Voconiq, since 2019 to run regular 'Local Voices' community perception surveys.

These surveys help OCC understand how you, as a community, feel about the mine, how it operates and engages with the community, as well as the town and its services and amenities.

OCC uses your feedback to inform decisions about where and how to invest their time, money and resources to ensure the mine and the community continue to thrive.

The most recent survey was the 2024 Local Voices Anchor Survey, which ran from early August to early September. Anyone over the age of 18 living and/or working in Tieri was encouraged to participate.

166 people completed the survey, of which 55 per cent were male, 45 per cent female and 6 per cent identified as First Nations. 166 reflects approximately 10% of our community, giving OCC a statistically significant representation of your collective sentiment.

Unlike the Local Voices Pulse Surveys which run roughly every six months and focus on a specific topic, the Anchor Survey is conducted every three years and includes more in-depth questions, covering a broader range of topics.

The first Anchor Survey was completed in January 2021. The findings from this survey provide OCC with baseline information which will be used to compare the 2024 Anchor Survey results against. This enables OCC to track any trends and any significant changes in how the community is feeling. From here, they can take further steps to understand the cause of any changes, and what action might be needed to either boost and sustain any upturns, or mitigate any downturns in perception.

Insights from the 2024 Anchor Survey will also be used to inform OCC's Social Performance Management Plan, including their community investment budgeting and stakeholder engagement strategies. In addition, data from the Tieri Anchor Survey will feed into the wider Glencore Coal Queensland community perceptions and help inform their thinking.

*"We value all feedback and ideas, and after they are reviewed, sometimes we're able to respond relatively quickly to the insights we glean. For example, introducing a new SmartyGrant to specifically encourage more family-friendly events (page 14), or creating a dedicated Community Space,"* explains Kate French, Senior Environment & Community Advisor at OCC.

*"Other times, it's more complex and takes longer to research and understand the specific challenge or opportunity, and then explore, validate and implement the most appropriate action or solution. The childcare situation being a prime example."*

Insights from the fifth Local Voices Pulse Survey (pages 16-17) showed there is still dissatisfaction with the availability of childcare in Tieri. Based on your feedback, Town Services, OCC Environment & Community, OCC Human Resources and other stakeholders came together in June to discuss and brainstorm a number of different options. Work then began to assess the viability of these options, something that is still happening today.

With the feasibility studies underway, in the June/Winter 2024 edition of Tieri News, OCC issued a call out to the community for expressions of interest (EOI) from experienced Early Childhood Educators (ECE) or Carers, anyone currently studying to become an ECE, or anyone who might be interested in enrolling to study.

*"A big thank you to those who submitted their interest; it's been encouraging to receive responses from a range of people."*

Kate French

*"A big thank you to those who submitted their interest; it's been encouraging to receive responses from a range of people,"* says Kate. *"These EOIs will be reviewed, with further discussions planned with individuals, as well as other stakeholders and relevant parties, to review the options and possibly identify additional strategies to scope out."*

*This is a critically important element of our community and a source of frustration for many families in town. It's also very complex, with many different elements that need to be navigated and interwoven in order for a solution to be sustainable and successful. As such, unfortunately, there is no quick or simple fix. We ask for your patience as we continue to work on finding a viable solution, and we aim to keep you updated throughout the process."*

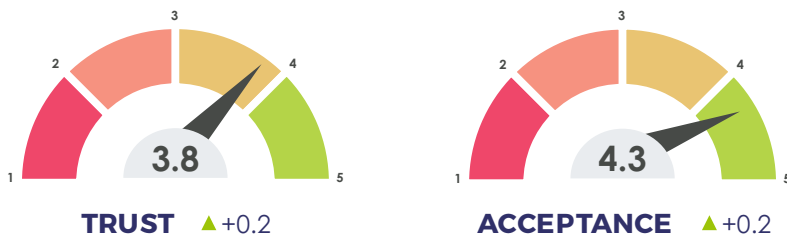
We look forward to bringing you more information in the next edition of Tieri News, along with an overview of the 2024 Anchor Survey results. ●

### Do you have feedback for OCC?

- E&C email: [OCCEnvironment@glencore.com.au](mailto:OCCEnvironment@glencore.com.au)
- OCC Admin phone: (07) 4984 7100
- Tieri Town Services phone: (07) 4984 7700
- Tieri Town Services email: [tieritownservices@glencore.com.au](mailto:tieritownservices@glencore.com.au)
- OCC Community Hotline: 1800 732 895
- Tieri Community Reference Group: [haveyoursay.chrc.qld.gov.au/Tieri-CRG](http://haveyoursay.chrc.qld.gov.au/Tieri-CRG)



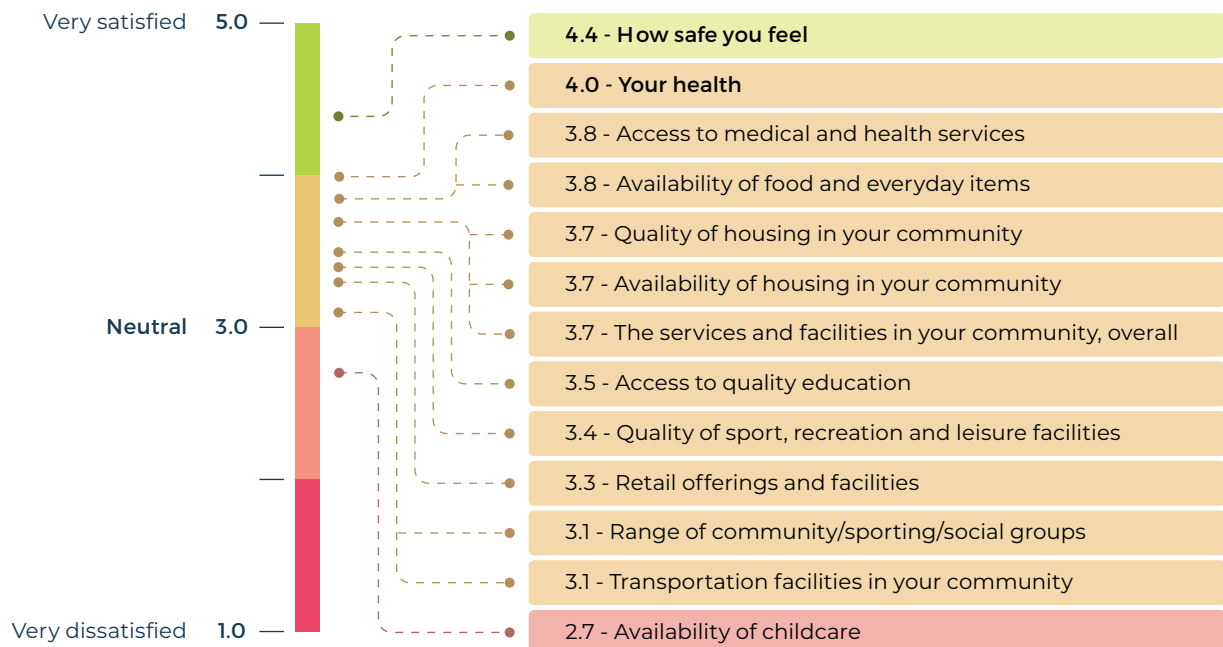
## Community's overall trust and acceptance of Oaky Creek Coal



In this 'pulse' survey we helped Oaky Creek Coal to gauge the community's sense of **belonging, resilience, and overall satisfaction with town services and facilities.**

## Community satisfaction

We asked participants to rate their level of satisfaction with the following aspects of their life and the community they live in from very dissatisfied to very satisfied. The results for Tieri are as follows:



### Community belonging

**76%** feel they belong in the area

**69%** said they see themselves living in the area long term

**68%** feel the community works together to solve common problems

### Community resilience

**76%** feel the community is overly dependent on the company

**69%** believe the community is able to manage change

**77%** agree the company is committed to the community





## Comments

Thank you to everyone who shared their feedback. Your insights will play a crucial role in helping Oaky Creek Coal identify where to invest funding, resources, events, activities and support to ensure Tieri continues to thrive.

### What are some things Oaky Creek Coal has done to support a strong and thriving community?

- | "Community Donations and events"
- | "Financial support"
- | "I believe the community is safe, I have access to workout facilities and shopping for groceries"
- | "Hosting community events and encouraging members to participate in and make the town closer"
- | "Literally making Tieri exist"
- | "Sponsoring sporting clubs. Hosting family events"
- | "Events. Provide housing and a safe environment for raising children"
- | "Support Peak Downs Pirates and also junior league football. Supported families grieving"

### What else should Oak Creek Coal consider to support a thriving community?

- | "more of the same"
- | "Continue their amazing support"
- | "Increase the number of recreational events"
- | "Not that I have kids of childcare age, but a big gripe I hear from people with younger families is access to child care"
- | "Continue to host and endorse events"
- | "Continued community investment"
- | "Better day care options"
- | "More wildlife education, younger groups participating in projects to build community"



**\$4,100+**

**Donations unlocked for local community groups since 2020**

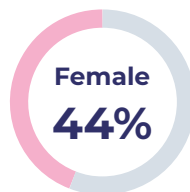
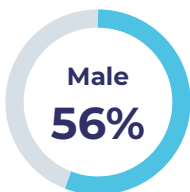
Every completed 'pulse' survey donates \$5.



**110**

**Completed surveys**

700+ surveys completed in the Local Voices program since 2020.



**77%**

Of participants live in Tieri.

**63%**

Of participants are current or former employees of Oaky Creek Coal.

## Community rewards

Each completed survey helps your local community by unlocking a \$5 reward for a community group of your choice!

- Capricorn Helicopter Rescue Service
- Central Highlands Wildlife Carers Inc.
- Tieri Sharks Swimming Club
- Peak Downs Karate
- Tieri Possums Playgroup
- Tieri Family Unit & Child, Health Centre
- Tieri State School P&C
- Capella Tieri Middlemount Community Support Network Inc (CTM LINKS)

If your local community group is not listed, you can nominate them at [voconiqlocalvoices.com/tieri](https://voconiqlocalvoices.com/tieri)

## Next steps

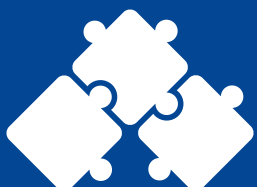
The next Local Voices survey is scheduled for **August 2024**. If you have already registered to take part, an invitation to the next 'anchor' survey will automatically be sent to your email. If you have not yet registered, it's not too late to join. Registrations always stay open. Simply scan the QR code to take part in future surveys.



**REGISTER NOW!**  
Your voice is important.







## CTM LINKS Update

It was another busy few months for CTM LINKS as Kath Hema, Community Development Officer, and the team organised and participated in events and contributed in many ways to our community, including:

**Youth Community Involvement Initiative:** Tieri News and flyers advertising upcoming local events are now delivered to your homes, local businesses and services thanks to members of Tieri Youth Group - thank you team! If you would like to get in touch with our community through letterbox drops, please reach out to CTMLINKS.

**Providing the much-appreciated coffee stall at Australia's Biggest Morning Tea** (page 4). "My thanks to CTM LINKS volunteer Tracey Hedley, who was so engaging and helpful to everyone who visited the stall - I couldn't have done it without her," said Kath.

**Face painting at Tieri State School Under 8's Day** (page 5): "It's one of the events that I love being involved with, so it was a pleasure to return again this year to provide a face painting stall and a craft stall where the kids could make musical anklets or wristlets."



“ Thanks to Tieri Bar & Grill for their in-kind support for the use of the Function room - it really is an outstanding facility. And to Jason and Samantha at Foodworks Tieri for the delicious and nutritious catering.

**Working with Amanda Mullemeister from Emerald Health to put on Gut Health Workshop:** 22 people attended the informative, interactive workshop to learn how to take better care of their gut.







### Holding a Mental Health information stall at the Tieri Peak Downs Pirates Seniors Mental Health round:

Kath was joined by Kelly McGrath, Mental Health Care Navigator at NAVICARE. *"The engagement with and feedback from the community was wonderful. Mental health (page 28) is equally as important as your physical health. Both need to be cared for and when either are struggling, we need to get support to get us back to health, so don't be afraid to ask for help."*

### Providing the popcorn machine at the Peak Downs Pirates' (page 34) final home game and the C&K Kindergarten Fun Run:

*"A big thank you to Central Highlands Karate (page 36) for their generous donation of the popcorn machine to Tieri Youth Group - it's been a big hit all round!"*

### Sharing community donations with those who can benefit:

*"A big thank you to Helen Daly for the donation of dollhouses to CTM LINKS. They have been passed on to and received with glee and appreciation to a 4-year-old girl and to 3-year-old twin girls."*



## Events are just the beginning!

The service CTM LINKS provides to Tieri goes far beyond hosting or supporting the many community events we enjoy.

CTM LINKS is a not-for-profit organisation that plays an important role in strengthening connections and generating social wellbeing across our local community.

They work tirelessly to create a warm, welcoming and inclusive community, and nurture this top little town we call home.

The key areas of focus for CTM LINKS include:

- **Social cohesion** - working with individuals, families, community, sporting and social groups to present or support a variety of events, projects and initiatives for people to connect and engage with each other and the broader community.
- **Conduit to support services** - connecting members of the community to social, local and government services.
- **Connection to networks** - establishing and maintaining a strong network of connections with local governments, local resource industries, emergency services, local businesses, human service sectors, schools and other groups in order to provide the community of Tieri with relevant, timely information and connections.
- **Community support** - providing trusted, confidential and practical community support including, but not limited to:
  - Printing, scanning and uploading of documents
  - Assistance with applications, documentation and forms
  - Internet connection for community members to access websites relating to government services, social services, study and employment opportunities
  - Emergency financial relief
  - Delivering a series of valuable, relevant community activities, programs, projects and events.

## Donations & Volunteers

The work of CTM LINKS doesn't stop there. They also collect all types of **donations**, run the **Containers for Change** project, welcome newcomers to town and facilitate **volunteering opportunities** within Tieri and surrounding areas, including:

- Tieri State School P&C ([page 20](#))
- Tieri State School Tuckshop
- Tieri Sharks Swim Club ([page 32](#))
- Tieri Possums Playgroup
- Central Highlands Karate ([page 36](#))
- Peak Downs Junior Pirates Rugby League Club
- Peak Downs Senior Pirates Rugby League Club ([page 34](#))
- Tieri Golf Club
- Tieri Local Ambulance Committee
- Tieri Community Reference Group
- Tieri Catholic Caring Shop
- CQ Wellbeing Hubs Inc.
- CQ Wildlife Carers Inc.
- And of course, with so much going on, CTM LINKS is always looking for volunteers themselves!

Drop in for a cuppa and to chat through the various opportunities with Kath and the CTM LINKS team at 26 Talagai Avenue, email [tieri@ctmlinks.com.au](mailto:tieri@ctmlinks.com.au), or call Kath on 0491 276 263 for further details.

You can also check out the Community Directory at [www.tieri.com.au/business-directory](http://www.tieri.com.au/business-directory) or follow the [Tieri Noticeboard Facebook page](#). ●





## Life in Pictures at Tieri State School



Come rain or shine, it's been another busy few months at Tieri State School (TSS) as they continue to look for a variety of activities to engage their students. We asked Acting Principal, Kate Legge, for a snapshot of what they have been learning about...

Book Week dress up was a fancy affair! Our staff dressed up as characters from Wizard of Oz. Kids and even some parents got into the swing of things with lots of amazing costumes. We thank our P&C President, Mr Michael McGrath and Ms Sharie Lawless from Tieri Foodworks for being our judges for the Year level parade; Mr Murrell for being our DJ for the morning; and Ms Clark, our super organiser of the event – thank you!

Prep/1 took a walk in the rain to experience the workings of our Post Office where the students got to post a letter to their family members.





The lads and lady from NRL Hostplus Cup Country Week came for a visit to TSS and our Year 4-6 students were lucky enough to learn some new skills.



Over 80 people joined us for our annual Under 8s Day ([page 5](#)) where we proudly welcome the next generation of students to the primary school to explore the space and engage in some fun learning activities with the support of their parents or guardians.

Science Week was a bit of a fizzle because of the weather, but the rains brought out plenty of creatures so we got out the magnifying glasses and students did a bug hunt around the school grounds.







# CHILD CARE & EDUCATION NEWS

As part of our Positive Behaviour for Learning, we celebrated our efforts by having an 'Oodie/Hoodie Day' at the school. It was fun to see everyone snuggled up in their hoodies or oodies. We held another celebration earlier this month, with a picnic for the whole school which was well-received, if a little chaotic!



The 'Glow in the Dark Dr Seuss' school disco on 23rd August was awash with neon, glitter, coloured hairspray and lots of smiles. Everyone looked great in their outfits and accessories. DJ Metro Mike pumped out the crowd pleasers for the kids to dance to. The night's success wouldn't have been possible without the invaluable contribution of our volunteers: Janine Allan, Kirby Hoover, Tiahna Cavanagh, Jessie Morey, Chris Pitter and Lauren Favaloro - on behalf of the students, thank you.





HAPPY FATHER'S DAY!



Thank you to all the Dads and some Mums who turned up for our P&C Fathers Day BBQ breakfast! We had Dad jokes out on the tables, classic 'Dad' music playing and chatterboxes to make while the dads and kids enjoyed a bacon, egg and cheese burger in the background. Thank you to our teacher volunteers and TSS P&C ([page 25](#)). Also a big thank you to Glencore for the use of the trailer BBQ.







Our Year 5 and Year 6 cohorts were invited to attend a transition day at Capella State High School (CSHS) which was amazing. The students experienced activities such as art, music, e-sport (gaming), physical sport including touch rugby and basketball, and cooking. The High School has hired a bus as a long term lease and offered to pick up our Tieri students and return at no cost. A big thank you to CSHS Principal, Corey Kempthorne, and the High School team for making our students feel so welcome and providing an engaging introduction to their next education experience.

In other news, TSS gratefully received a donation of robotic Spheros to add to our STEM equipment, thanks to Manuplex.



And, excitingly, we also received a grant for \$1500 to teach Basketball to our students! We extend our thanks to Sporting Schools Australia for their continued support throughout the year. The grant money will be used to purchase a teacher-led training program and new basketball equipment. The lessons will take place at the new multipurpose courts ([page 38](#)) which are only a short walk from the school, and we're looking forward to utilising this much-needed facility in our town. The program is likely to be implemented in Term 4 for a three-week block. ●





# New P&C at Tieri State School

Parents and Citizens (P&C) Associations are vital not-for-profit organisations that support our public schools. They typically consist of passionate parents and locals who work to promote the interests of the entire school community.

Tieri State School has recently welcomed its new P&C, so Tieri News caught up with Ashley Edler, the incoming P&C Treasurer, and Shannon Pitter, Secretary, to find out more...

## What role does the P&C play for the school and wider community?

The P&C provides fundraising support to Tieri State School (TSS) by organising additional events and activities. It helps make the year even more exciting for the children, while raising much needed money for our school so our kids have the best opportunities we can give them. We also run the Tuckshop and the Uniform shop.

## Who is on the incoming TSS P&C, and what are your respective roles and responsibilities?

Michael McGrath is President, Shannon (Pitter) is Secretary, and Ashley (Edler) is the Treasurer.

## How does the P&C work with Kate Legge and the team at TSS?

We are still a very new committee and are all still finding our feet. Kate and the whole TSS team have been great in providing us with assistance where needed and we're looking forward to working with them to achieve great things for the school in the year ahead.

## What sort of things does the P&C do to support TSS?

Much of it is about raising funds to support the school. For example, the P&C has just been approved for a SmartyGrant from Glencore ([page 14](#)) to upgrade the facilities in the Tuckshop, which we're excited about. We also provide financial support to help alleviate some costs for the families. For example, for the upcoming school camp, we are covering the costs of the food and travel.

## Why did you personally volunteer to join the P&C?

For many reasons, but predominantly so the children (and parents) could have a Tuckshop again.

## What do you find so rewarding about being part of the P&C?

Seeing all the little smiling faces of the children when you can do something fun for them - it's a wonderful feeling.

## Can members of the community volunteer to help the P&C?

Yes, absolutely! There are two ways to get involved. You can either become a member of the P&C, or you can simply volunteer to help

on an adhoc basis. We're always looking for volunteers, especially to help out with the Tuckshop, or at our fundraising events. As per the Working with Children Act 2000, we may require a current blue card - this is something we can help you with.

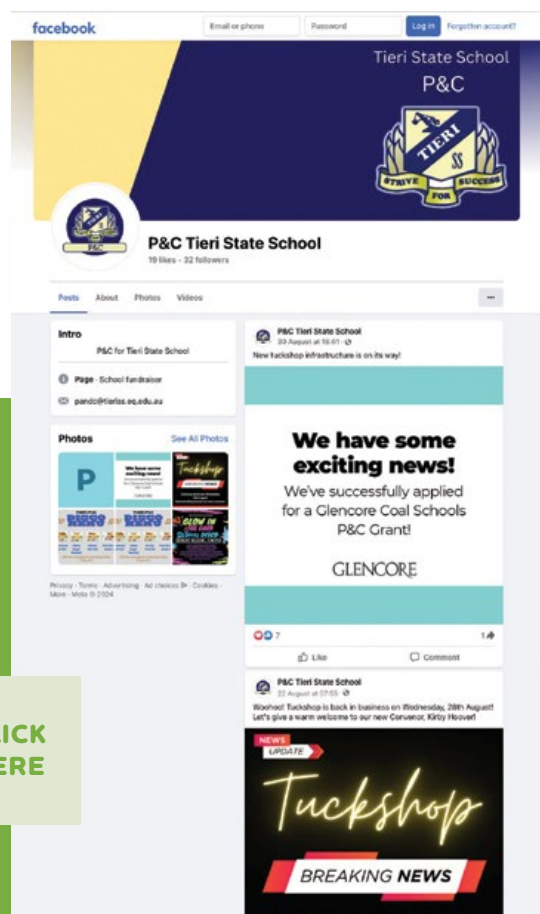
## Do people have to commit to a set time period?

Not at all - we'll take any help we can get, for as long as people are happy to provide it! From a volunteer perspective, we typically require 'on-the-ground' support at our events, which usually only go for a couple hours. The more volunteers we have at an event, the less time individuals would be asked to commit.

With regards to P&C membership, it's annual with the option to renew each year. So, anyone interested can join us for one year and see how they like it. There's never any pressure to renew the following year.

## What do you have coming up between now and the end of the year that the school community can look forward to?

We've just had our first school disco which was a great success ([page 22](#)) and we're looking to do a Colour Run later in the year when it is a little warmer.



CLICK  
HERE

## How can people stay in touch with the P&C to find out what's happening and to volunteer their help?

We've created a [Facebook page](#) to provide the community with P&C-related updates, so follow us and get in touch. ●



## Services

The service provides a range of clinical health services, support, health promotion and education on a range of topics for women including:

- cervical screening (cervical screening test)
- breast care
- sexual health screening
- family planning and contraception
- menopause and hormone replacement information
- osteoporosis
- bladder problems
- period concerns
- sexuality concerns
- puberty
- domestic violence and sexual assault
- healthy lifestyles including nutrition, weight and stress management.

The service complements and works with other health services including:

- local general practitioners
- outreach gynaecology specialists
- the Royal Flying Doctor Service
- allied health staff

**For more information, please call Tieri Health Centre on 07 4884 6200. ●**

## Mobile Women's Health Service in Tieri

The Mobile Women's Health Service will be in Tieri from 14th - 15th October to provide cervical screening as part of the Well Women's Clinic at Tieri Community Health Centre.

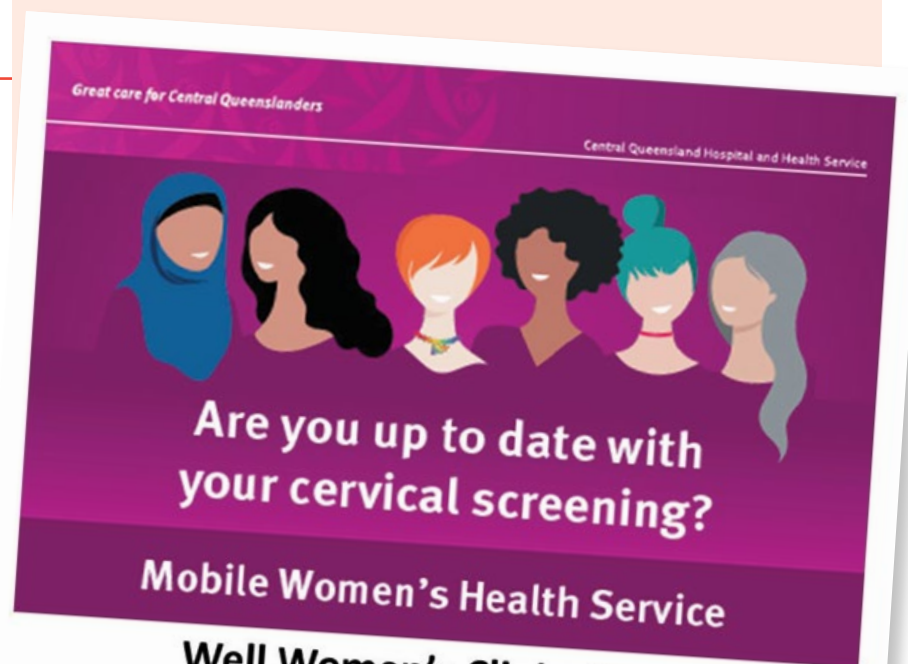
The free and confidential service is an initiative of the Queensland Government. The Mobile Women's Health Service is made up of specially trained registered nurses based throughout Queensland, who provide a free and confidential service for Queensland women.

The service aims to improve the health and wellbeing of women in rural and remote areas of Queensland.

The service visits over 200 rural and remote communities in Queensland and services a 300 - 500 km radius from base locations to provide clinics and other services on a regular basis.

**To book an appointment for a cervical screening test on 14th or 15th October, please call the Tieri Health Centre on 07 4884 6200.**

The service supports all women, including Aboriginal and Torres Strait Islander women and those from multicultural backgrounds.



## Well Women's Clinics 2024

at

**Tieri Community Health Centre**

### Upcoming Clinic Dates

14 - 15 October

**Cervical Screening Test** and information on any women's health issue available with Women's Health Nurse

**Free and Confidential Service**

Scan to book your appointment today  
or phone Tieri Health Centre 4884 6200

**Click here to book**







## Tieri's Baby Boom

Since the beginning of the year, Tieri has welcomed 15 new babies into the world...and more than 40 are due before the end of the year!

Sue Hall (or Nurse Sue as we all know her) has been Tieri's resident midwife, child health and immunisation nurse for over 20 years and has delivered hundreds of babies in that time...including one or two in an ambulance en route to the hospital.

In the midst of Tieri's baby boom, we asked Nurse Sue to share her wisdom on pregnancy, what partner's can do to help, and what to expect in those first few weeks...

### Top 5 tips to make the last few weeks of pregnancy as comfortable as possible:

1. Knowledge is power, so go to the antenatal classes available at the Tieri Family Unit and Child Health Centre, or ask your hospital. If you understand what birthing is, what to expect, and what options are available, you're likely to have a more positive experience.
2. Make some meals for the freezer as the first few months will be busy and you need to keep your energy up. Your future self will thank you.
3. Ensure you eat high protein food and not high sugar or high carb foods. Sugar gives you bouts of energy but also periods of exhaustion. Reduce your intake of white bread, potato, pasta and rice. Choose raw nuts, red meat, chia seeds, vegetables, and fruit instead.
4. Exercise does wonders for your mental and physical health so try and get out for a walk every day.
5. Have a pregnancy massage and read a book...it may be a while until this happens again!

### How can a partner support the Mum leading up to, during, and post-labour?

Your partner is going through an intense physical and emotional journey. All her energy will be on nurturing your baby and keeping it alive. It's a full time, exhausting job and she needs your support now more than ever. Rather than huge sweeping gestures, it's often the small things that can make a big difference:

- Talk to her - what are you excited about? What are you nervous about? What do you think life will look like after this little person comes into your family?
- Get cooking - it doesn't have to be anything fancy, a steak on the BBQ with a salad or some veg, a simple stir fry, even a sandwich will be welcomed and taste delicious, so long as Mum hasn't had to cook it herself.
- Keep her hydrated - make sure there's a glass of water or a cup of tea within reach.

- Give her some space - after growing inside her for the last nine months, your little one will then be attached to Mum almost non-stop. Give her some time out by taking the baby for a walk while Mum has a soothing shower or a soak in the bath.
- Make smart choices - if you can't do housework, get a house cleaner weekly for the first few months...it's much more useful than flowers.

### What should parents (especially new parents) expect in the first few weeks?

- Your child health nurse will do a home visit once they have been informed that you and your baby are home.
- Babies can feed between six to 10 times in 24 hours, with each feed taking around 30 minutes. Whether breast-feeding or bottle-feeding, that doesn't leave a lot of time to sleep! So be sure to rest as much as you can whenever the baby sleeps.
- Babies control their temperature through their hands, feet and head, so be sure not to cover all of them. Hospitals are typically cold, but your home is not so dress your baby accordingly. Generally speaking, in one layer more than you - so if you're just wearing a t-shirt, you might put the baby in a vest and a onesie.
- It can be disconcerting to hear your baby cry, but that's simply how they communicate. They're not broken, you don't have to fix them. They're just trying to communicate something, typically that they are hungry, tired, have a dirty nappy, are too hot or too cold, or just want a cuddle.
- You can't spoil a baby with love so I always encourage parents to carry them, they need to hear your heartbeat and it makes them feel safe.

### What resources and services are available to parents and their newborns?

- Tieri Family Unit and Child Health Centre - 07 4884 6200
- Emerald Child Health Centre - 07 4987 9740
- Tieri Medical Centre - 07 4984 8386
- 24 hours health advice - 13 Health (13 432584)
- [Australian Breastfeeding Association](#) - 1800 686 268
- Ambulance - 000
- I also recommend joining a Mums Group or a playgroup like the Tieri Possums Playgroup so you can benefit from the support of others going through the same things you are. ●



## Men's Health in Focus

With a series of national - and global - initiatives focusing on men's health and mental health (R U OK? Day, Prostate Cancer Awareness Month, Movember) all within months of each other, we're reminded how important it is to look after our body and mind.

As this year's Movember campaign reminds us, men's health doesn't only affect men...it affects the community of people around them, regardless of their gender.

We spoke to Dr. Daniel King to get some insights and guidance on how we can increase our awareness, understand our risks and take better care of ourselves, our mates and our loved ones...

*"Let's face it, no one likes to talk about their health, especially men, but the old adage 'your health is your wealth' is true. When it comes down to it, your health is really all that matters because that's what allows us to do more of the things we love, with the people we love, for longer.*

*When people think about men's health, the immediate thought is prostate cancer but it also encompasses a whole range of different medical concerns.*

*In addition to prostate and testicular cancer, there are some health concerns that are more common for men that it's important to be aware of, including heart disease, mental health, skin cancer, bowel cancer, alcohol and substance related issues, lung disease and general injuries.*

*With R U OK? Day and Prostate Cancer Awareness Month in September, and Movember coming up, what better time to talk about some of the basics.*



### Prostate Cancer

According to [Australian Prostate Cancer](#), Prostate cancer is now the most commonly diagnosed cancer in Australia, with 1 in 6 men diagnosed by the age of 85, and 10 Australian men losing their battle with prostate cancer every day.

Prostate cancer affects the prostate gland which is located just under the bladder. Unfortunately, there can often be no symptoms in the early stages, but there are some signs that might occur, most of which are related to your pee. For example, getting up in the night to pee, peeing more frequently, an urgent and sudden need to pee, difficulty in starting or stopping, a weaker than normal stream, passing any blood in your urine, or problems in the bedroom.

There are screening tests available so if you are worried or concerned, the best thing to do is to talk to your GP. Of all the things we can be embarrassed or awkward about, our health should never be one of them, so never be afraid to talk with a healthcare professional.

### Other Cancers in Men

[Research](#) repeatedly shows that skin cancers, including melanomas, are more common in men. Amongst other reasons, this could possibly be related to the fact that men are typically less likely to wear sunscreen.

While there is no set guideline for how often you should get checked, it is a good idea to get an annual skin check. If you are worried or have noticed any changes in your skin, for example a mole bleeding, changing shape, or changing colour, please see your local GP or skin doctor.

Testicular cancer, luckily, is not that common. However, it is more prevalent in men between 20 and 40 years old. It has good cure rates if picked up early, so, again, if you have a lump or pain or something has changed below your belt, get yourself checked out.

Bowel cancer is also more common in men. If your bowel movements have changed, or you see blood in your stool, see your doctor - especially if you have a family history of bowel concerns.

### Men's Mental Health

According to the [Australian Institute of Health and Welfare](#), 43 per cent of Australian men have experienced a mental health problem at some point in their lifetime.

Mental health concerns are very common in both men and women, and includes a wide spectrum of conditions such as social or general anxiety, substance abuse, depression, suicidal thoughts and unfortunately suicide. In fact, the rate of male suicide is alarmingly high, [with 3 out of 4 suicides in Australia by men.](#)

Unlike a physical condition like a broken arm, it can sometimes be harder to tell if your mental health is suffering. In our 'busy busy' lives, it can be all too easy to squash things down and just keep powering on. But it's important to tune into your body and mind so you can recognise when you're firing on all cylinders, when you need a break, or when you might need to get some help. Some symptoms to look out for can include:

- Fatigue and low energy
- Feeling sad or down and not being able to shake it
- Getting angry or feeling touchy / irritable at things that wouldn't normally bother you
- Worrying
- Not sleeping or waking up at night
- Withdrawing from your friends and family
- Increased alcohol consumption
- Missing activities or work due to your symptoms
- Thoughts of hurting yourself or others





# Support Services & Resources

- **Tieri Medical Practice:** (07) 4984 8386
- **Mates in Mining:** 1300 642 111
- **Navicare:** 07 4941 9784
- **Lifeline:** 13 11 14
- **Beyond Blue:** 1300 224 636 or [webchat](#)
- **Kids Help Line:** 1800 551 800
- **Suicide Call Back Service:** 1300 659 467
- **Queensland Health Mental Health Access Line –** 1300 64 2255

If you think you could benefit from some support, it's important to know that there are many places available to get help. Here in town you have your GP, Navicare (a mental health referral service in the Bowen Basin), Mates in Mining support service, Lifeline, Beyond Blue and many others (see right).

Talking about your mental health can sometimes feel challenging, but focus on one step at a time. The first thing to do is to reach out, the help is there for you and it really does make a difference.

If you notice a friend or family member isn't quite themselves, start by asking if they are OK - the [R U OK? website](#) has a wealth of resources to help you ask, listen, encourage action and check in. Talk with them, listen as they talk, let them know you are there for them, and help them access the support they need (see right).

## Looking after your physical and mental health

There are some simple things you can do that can really boost your mental health:

- **Get regular exercise:** just 30 minutes of walking every day can boost your mood and improve your physical health.
- **Eat healthy regular meals:** don't let yourself get "hangry"
- **Make sleep a priority:** try to get 7-9 hours
- **Find a hobby you enjoy**
- **Stay connected**
- **If none of this helps,** talk to your doctor or reach out to any of the support services (see right)

It can sometimes be hard creating - and maintaining - a healthy, balanced lifestyle when you work shifts on a mine site, but your health should be treated as a priority. Tieri might be a small town, but we have access to lots of health and fitness services, including a 24hr gym, pool with extended opening hours, the new multipurpose courts ([page 38](#)), not to mention the countless bushwalking and cycling tracks. So, grab a mate, get out there and invest in yourself and your health.

**If you have any questions or concerns, don't hesitate to book an appointment with me by calling Tieri Medical Practice on (07) 4984 8386. ●**



## EMPLOYEE ASSISTANCE PROGRAM

*Building mental fitness. Together.*

*The Employee Assist Program is your coaching and counselling service providing confidential and short-term support for home and work.*

### CONVERGE INTERNATIONAL

The Converge International Employee Assistance Program (EAP) is there to support you to build the skills you need to adapt to the changing world of work and to thrive in all areas of life.

#### OUR SERVICES

The Employee Assist Program is provided independently from Oaky Creek Coal. When using The Employee Assist Program, you will speak with a qualified, experienced counsellor across a range of issues including:

- Personal and emotional stress
- Relationship or family matters
- Work-related stress
- Sleep concerns
- Nutrition advice
- Financial coaching
- Interpersonal conflict and tension
- Changes in your work environment
- Grief and bereavement
- Career issues
- Mental health concerns
- Personal crisis or trauma

#### OUR COUNSELLORS

- Understand your situation and gain insights to inform decisions and directions
- Develop strategies to drive positive changes in behaviour and lifestyle
- Learn how to adapt to change and seize opportunities
- Provide coping strategies when dealing with difficult situations

### EMPLOYEE ASSISTANCE PROGRAM

Oaky Creek Coal offers an independent Employee Assistance Program

Your Employee Assistance Program is:

**A confidential service**


**Available to all employees**


**Available for up to 3 sessions per annum**


Details of your discussion will not be shared with your manager or your workplace. You can read our Privacy Policy on our website.

#### CONTACT US

To make an appointment to speak with a Converge International EAP counsellor:

 **1300 OUR EAP**  
(1300 687 327)

 Visit [www.convergeinternational.com.au](http://www.convergeinternational.com.au) and click on Contact Us to access our Live Chat service.

 Download our **EAP Connect** App and connect with us through the Appointment icon

**Converge**  
international

**More Information**  
T 1300 687 327 (Australia)  
T 0800 646 367 (New Zealand)  
T +613 8620 5300 (International)  
E [eap@convergeintl.com.au](mailto:eap@convergeintl.com.au)  
[convergeinternational.com.au](http://convergeinternational.com.au)



## New Telehealth & Psychological Assessments Available for Tieri



Living in a rural, remote area like Tieri comes with its unique set of healthcare challenges. It can be difficult to access the necessary support and care solutions. So it's exciting to hear that Living Dreams Disability Service is extending its Remote Services and Telehealth Options to Tieri, including specialised Autism Spectrum Disorder (ASD) and Attention-Deficit/Hyperactivity Disorder (ADHD) assessments.

The highly qualified and caring Living Dreams team provides quality, innovative, and personalised services, such as:

- **Psychology:** Accessible mental health support through telehealth.
- **Psychological Assessments:** Comprehensive assessments to assist in the diagnosis and management of ASD, ADHD.
- **Adaptive Special Needs Active Therapy**
- **Occupational therapy:** Access to consultations and assessments via Telehealth.
- **Speech Therapy:** Access to consultations and assessments via Telehealth.
- **Dietetics:** Nutritional advice and support via Telehealth.
- **Positive Parenting Support:** Guidance and strategies for parents facing challenges.

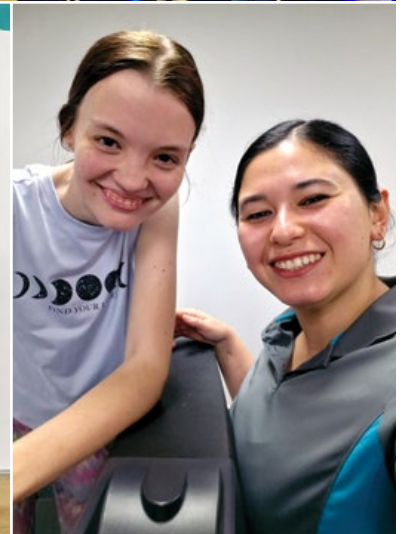
Living Dreams is committed to making a real difference in the lives of those they serve. Their focus is on community wellbeing, assisting young children and families in vulnerable situations, and providing one-on-one support to help build resilience and overcome adversity.

*"We accept private health insurance and medicare rebates and our services are supported by NDIS, which makes them even more accessible for those in need,"* says Emily Mammino, Client Relations & Exercise Specialist at Living Dreams.

To book an appointment, simply just call Living Dreams on 1800 749 124 and they will do the rest. Alternatively, healthcare practitioners can send an email with their client's full name, email address, contact number, availability and support needed and Living Dreams will call to book the appointment.

Once you've booked an appointment, you'll receive an email confirmation and your intake forms. Two days before your appointment you'll be sent an SMS reminder.

For more information, please call 1800 749 124 or visit [livingdreamsdisability.com.au/rural-and-remote-support](https://livingdreamsdisability.com.au/rural-and-remote-support) ●





CALL US TODAY  
1800 749 124



medicare



Fast claims... on the spot



## OUR SERVICES



### ACTIVE THERAPY

Our private and group training programs are designed to meet the unique challenges faced by people with Autism, Cerebral Palsy, Down Syndrome, Spina Bifida, Multiple Sclerosis and more.



### DIETETICS

From overcoming fussy eating, managing allergies, diabetes management, weight management to developing a healthy simple grocery list and meal plan. Our Dietitian team can assist with any nutritional challenges to improve your health & wellbeing.



### ASSESSMENTS

ASD (Autism Spectrum Disorder) Assessments (all ages)  
ADHD Assessments ASD & ADHD Combined Assessments  
Language Assessments (5-21 y/o)  
WAIS-IV (Wechsler Adult Intelligence Scale - Fourth Edition) - 16-90 y/o  
WISC-V (Wechsler Intelligence Scale for Children, Fifth Edition) - Ages 6:0 to 16:11



### PSYCHOLOGY

We offer a range of Psychology services specialising in individuals with disabilities to assist with managing mental illness, building social skills and providing loved ones with support and guidance.



### GAMES AND MOVIE NIGHT

A safe, inclusive and welcoming space for teens and young adults to have fun, play video games, laugh, learn/practice social skills and make new connections. All while enjoying some snacks, drinks and dinner.



### WEEKEND AND DAY FUN GATEWAY

A weekend or day filled with fun and exciting activities. We always keep the groups small, max of 6 participants, to ensure everyone is comfortable and get the attention they deserve. Breakfast, lunch, snacks, activities, accommodation and transportation is all included so there is no out of pocket.



### PAINT & CONNECT WORKSHOPS

A safe, inclusive and accepting space to not only have lots of fun painting, but also work on social, cognitive, executive and fine motor skills. Participants can be experienced artists or inexperienced artists, you can start at any level. Paint pictures and themes you're interested in. Easy to follow step by step process of painting and learning basic painting fundamentals. The most important thing is to have fun.

info@livingdreamsdisability.com.au 199 Montague Rd, West End QLD www.livingdreamsdisability.com.au



ALL OF YOUR  
NDIS SERVICES  
UNDER ONE ROOF





## Calling all Swimmers: Join Tieri Sharks

Tieri Sharks swim club is about to hit the water again, and the whole family is invited!

The season will kick off at the start of October and run every Monday throughout school Term 4 and Term 1. Doors open from 5pm, with races starting at 5.30pm.

The aim of the swim club is primarily about encouraging water confidence and safety...and having fun, says Tim Pfeifer, President of the Tieri Sharks committee. *"This year, we want to encourage anyone, of any age, and of any ability to come and join us. The focus is for all swimmers, no matter their level, to keep building their skills whilst having fun, so their confidence in - and enjoyment of - swimming grows."*

Those who don't have much experience in the water start with a distance of 12m and use supports such as swimming noodles, kickboards or a life vest. For the kids, parents or carers can be in the pool with them or on the side, ready to hop in if needed.

As their confidence and abilities improve, swimmers progress to the 25m, 50m and 100m distances.

Whilst the focus is on fun, there is a competitive element, though Tim stresses that it's mostly a competition against yourself and your previous personal best (PB).

*"Every week, swimmers compete against their PB. Seeing the look on their faces when they get to the end of their lane a second or two faster than their previous best, it's priceless. There's such a sense of pride and achievement because it's all been down to them."*

Of course, setting up the weekly events, time keeping, recording results, and organising the swimmers doesn't happen by itself. Key to the ongoing success of the Sharks are the parents, carers and other swim-enthusiasts who generously volunteer their time.

*"It simply would not be possible without the support of our community of volunteers. The kids and the committee are so grateful for your help in keeping the club running, and openly welcome anyone else who wants to volunteer."*

One long-time volunteer is Bec Lines who has, perhaps, the most important job of all: organising the food and cooking up a delicious BBQ for everyone to enjoy after the swim!

As a dad, Tim says he is *"proud to be on the committee and to work with the wider Tieri Sharks team to make our events successful and ensure that our children - and, going forward, our adults - have a positive experience and passion for swimming. It's a real pleasure to see them grow and develop and achieve their personal best in a sport they enjoy!"*

For more information on the Sharks, visit [facebook](#) or contact Megan Angel (Secretary) on 0427 681 628 or Tim Pfeifer on 0459 776 020. ●







## Learn To Swim Program

Tieri Pool has had a successful Learn to Swim (LTS) program in place for many years, something they are very proud of.

Belynda Perkins, Head Coach and Pool Supervisor, was instrumental in the success of the LTS program. So, when she left Tieri Pool at the end of last season, the team had a big task in front of them to keep the program going.

*"Our instructors have worked really hard during the off-season to set ourselves and the community up for success, and we are proud of where we are, coming into this season,"* says current Pool Supervisor, Charlie Casey.

*"We have expanded on our teaching abilities by undergoing various training with Austswim (Australia's national organisation for the teaching of Swimming and Water Safety), and have had the good fortune of heading to Rockhampton to train under Cassie and Shane Kingston at Splash-A-Bout swim school and Rocky City Squad."*

Genna Pfeiffer will be leading our Learn to Swim training, along with Jacinta Watts, who both have a couple of seasons under the belt. Allison Andolfatto and Charlie will be starting off their first full season as instructors and are eager to get started.

The LTS program costs \$208 for members or \$247 for non-members (this is inclusive of a 3-month child membership). It's an 8-week program, with two lessons per week. Lessons will be held Monday to Thursday, with time slots allocated individually during enrollment, based on instructor availability.

Infant classes will be in the medium LTS pool, under the shade, with a maximum of 4 children per class. Jacinta, Genna and Charlie will be instructing these classes and can't wait to get in for a splash with the Mums (Dads or carers) and bubs of the town, while singing an array of catchy tunes.

With a strong emphasis on safe water practices, the coaching team aims to set children up for success by teaching safety and encouraging confidence in the water, as they move from the Infant classes, through to the core Learn to Swim program at 3-years-old.

Tieri Gym & Aquatic Centre

# INFANT & KIDS LEARN TO SWIM PROGRAM

Term 4 start date 14th October 2024  
Term 1 start date 3rd February 2025

**ENROLLMENT OPEN NOW**

8 Week Block (2 lessons/week)

Members	\$208
Non-Members	\$247

Inclusive 3 Month child membership

0468806752 tieri.com.au tieripool@gmail.com

### Open evening to find out more

If you're interested in the LTS program, head along to the open evening on Friday 4th October, from 3pm-5pm.

This is a free, 'no obligation' opportunity to see what Learn to Swim is all about before the season starts...and enjoy swimming lessons followed by a BBQ.

*"We're looking forward to welcoming the kids back for another season and encourage anybody at any level to come join us. It's a great way for kids and parents or carers to have some fun together whilst learning a valuable life skill."*

Charlie.

### That's not all...

The Learn to Swim program isn't the only thing happening at Tieri Pool. There are a number of exciting new initiatives this coming season (hint: water polo, aquafit and more!) so keep an eye out on the Tieri Pool Facebook page and [www.tieri.com.au](http://www.tieri.com.au) as details get announced over the coming weeks.

*"We have such an amazing facility here and, with the Kids Club available whilst you use the Pool or the Gym, we just want everybody to share in it and enjoy it,"* explains Charlie. *"Whether it's for general fitness, squad training, coaching, learning to swim, splashing about, or just to cool down, we want swimming to be available to everybody, so come down and hang out as the weather is heating up."*



## Coaching the Peak Downs Pirates Seniors

Now two years in, the return of the Peak Downs Senior Pirates and regular footy matches in town has brought a real buzz to the community. We caught up with coach Ben Liddell to discuss the highs and lows of this season, the importance of team spirit, game-day tactics, what's coming next for the Pirates, and more...

### **Ben, the season has just come to an end; how would you describe it?**

It's been great, we certainly have taken some learnings away for next year.

### **What have been some of the highlights?**

Apart from our only two wins against Blackwater, it's definitely been seeing improvements in a few of the lads who have just started playing with us this year. And, strangely enough, our final game of the year would be up there. In front of a massive home crowd, we went down 40-16 which sounds like a hiding, but it wasn't. We played with only 11 men in the second half and the effort they put in felt like we actually won the game, so it was a great way to finish the season. And Axel winning Player of the Year at the Central Highlands Awards - I couldn't be more proud!

### **What have you and the team found most challenging?**

Rosters and injuries. We had four season-ending injuries for some key players that hurt us as a team, as well as them individually. Couple that with the difficulties of getting a consistent number of players due to rosters and, well, it's challenging. But this is all part of footy in a mining town. We have to get around 40 players on the books in order to fill the team sheet each week, so we're always looking for people to get involved.

### **Any surprises?**

Yes - we had former Origin greats, Kerry Boustead and Brett Stewart, come and hold a training session for the boys early in the year which was a fantastic experience for both the players and coaches. Kerry and Brett work for All Pro and are always willing to help out with charity events and things like this when they are in town, which we're really grateful for.

### **Both you and Mitch Reinke coach the team - what does that involve?**

Mitch does all the heavy lifting, planning and setting up our sessions on Tuesdays and Thursdays. I just bounce a few ideas off him every now and then. Tuesdays usually involve game simulation drills across all aspects of the match, helping the guys in their skillset and making decisions under fatigue. Thursdays are more focused on our game plan for our upcoming game on the weekend and having a team run. Apart from that it's usually just everyone listening and laughing at the 'Hunter-Cutts' stand-up routine!

### **How did you come to be coaching the Pirates?**

A few beers at 9 Olympic St...

### **How would you describe your coaching styles?**

I'd say we've both got a holistic-supportive approach to this particular playing group. We know we are in a rebuilding phase here at the Pirates. We have a lot of players that have had very little or even no footy experience before this year. They were thrown into the deep end this season when our key players got taken out with injuries, and they rose to the challenge. It's always great to see a player improve from where they started, and we know this will only benefit us next year.

### **When a game isn't going your way, how do you bolster the team's spirits during the halftime pep talk?**

We like to focus on the positives and ask the players how they think they can do things better in the middle. As the great Jack Gibson (one of footy's greatest coaches) said, "you've only got one good spray a season for it to be effective"!







**How do you bring out the best in the team, both as individuals and as a collective group?**

Both Mitch and I focus a lot on one-to-one chats with the boys on game day. This could be about anything, but the aim is to get them into their 'zone' and make sure each player understands their job for the game. We like the guys to talk in the build-up to a game, to reinforce what we have been focusing on during the week in preparation for this particular game.

**It must be hard with the different rosters and shift work; how do you navigate that?**

Yeah, I won't lie, this is a killer for us. But again, it's all part and parcel of playing footy out here. Oaky Creek Coal is great at giving some leeway for players when they can, but at the end of the day, the guys are out here to work.

Mitch and I have a few ideas in the midst to help us overcome the roster challenge that we hope we can pull off for next year's season...watch this space!

**The Pirates have partnered with C&K Kindy this year to help fundraise for play and education equipment. What do you think makes sport such a great learning experience for kids?**

There are so many things, I could talk for days on this subject! Fitness, teamwork, discipline, work ethic, confidence, social skills, respect, leadership, a sense of achievement, to name a few. But most importantly, for me at least, is just about people (adults and kids alike) getting out there and having fun. Sport has given me my life. It teaches you things books and classrooms can't, including some of life's greatest lessons and how to deal with them.

**What do you think adults can learn from kids when it comes to sport and training?**

Again, there's so much! Pure joy and passion for one - kids play simply because they love it. Resilience - kids usually bounce back quickly from a mistake and tend to embrace these mistakes as a part of their learning. That's why mistakes are important, but we often forget this as adults. Sport is such a significant part of a child's development and there are so many life lessons learnt, a lot that we all too often can forget as adults.

**How much have you managed to raise for C&K Kindy?**

Sam Reinke has been driving this, along with the team from the Kindy. They have all done an amazing job raising funds for this great cause, that both today's kids and all the future kids will benefit from. This is something the Senior Pirates were more than happy to get behind for the benefit of the town and community.

After the Father's Day raffle and the fun run for the kids at our final game in town last month, we've raised over \$7,000 which is awesome.

**Looking ahead to next season, what lessons will you be taking with you and how will this impact your coaching?**

I don't think it will impact the way we coach but locking in players for a full season so we are able to fill a bench every week will definitely impact our season in a positive way. We just want to bring the Pirates back to their former glory; we have a strong base to build upon so it will be exciting for sure.

**What can the community expect next season?**

Every small town needs a footy team! It brings the town together and gives people a great, inexpensive night out. Tieri is absolutely frothing for some good footy being played here. The community really gets behind us, which we love and can't thank you enough for. The T-Town community can expect a massive season next year, Mitch and I have fully committed to this and we can't wait to see what it brings.

**If someone is interested in playing for the Pirates, what should they do?**

We're always keen to bring more players on to our books, so get in touch with Axel Cutts, Mitch or myself and we'll sort you out.

**Of course, the Pirates 'team' is much bigger than just the players - how else can people get involved?**

Volunteer work is massive in any bush footy. Any help with the gate, canteen and bar is always appreciated! We are always on the lookout for League Safe Trainers and First Responders. So, if anyone would like to come and volunteer, that would also be a massive help. Again, just yell out to Axel, Mitch or me and we'll go from there.

**Any shout outs you want to give?**

Axel and Mitch are the heart and soul of the Pirates, and they were the ones instrumental in getting us back into the competition, without them we would not be here now, so thanks guys.

Thanks too, to all of our sponsors for your generosity and support. And of course to all our volunteers who are so important to us. If we had another 10 Fiona Cutts' we would be laughing! She has been behind the canteen for over 20 years, from when the boys were playing mini footy, right through to today with them playing A-Grade. Thanks Fiona.

A big shout out to Roger Decker and the team at Town Services, who, along with the DBS team, keep the oval in great condition and arguably the best in the Central Highlands!

And, most importantly, a huge shout out and thanks to our supporters who travel and come out every week to watch. It really means the world to the lads, and they always go out onto the pitch hoping to do you proud.

**See you all next year for an even bigger and better season! ●**







## JKA World Championship in Sight for Central Highlands Karate

Members of the JKA National Team

At the end of October, Central Highlands Karate will be heading to Japan for the JKA World Championships (Funakoshi Gichin Cup) in Takasaki.

The competition begins on 25th October and is held over three days. Day one, will see the ten to 21-year-old Juniors compete in both kata and kumite, with the Seniors competing on days two and three.

Kata is a set sequence of movements, each of which is intricate in its composition and very technical. Precision, focus and timing are everything. Kumite is when competitors are paired up to fight against each other using whatever form of karate moves they choose.

There are 31 students from Mackay Central Highlands travelling to Japan as part of the JKA Australia National Team. Four of them are from Central Highlands Karate (CHK). Sensei Andrew Jansen who will compete in the Open Mens Kumite Team, joins 15-year-old Annette Harris, 11-year-old Tehya Brook, and 10-year-old Max

Dewhurst, who will all be competing in the Juniors. Collectively, the Mackay Central Highlands JKA Australia National Team members will compete in 51 categories during the World Championships.

Training in the lead up to the championships has been nothing short of intense, says Christel Jansen, owner and Sensei of CHK. "As well as our CHK weeknight classes and Sunday sessions, they have been travelling to Mackay every week to train with Sensei Lutie van den Berg, 7th dan JKA, Head Coach and Director of the JKA National Team, as well as travelling interstate to attend the Australian National Team training sessions.

*We're incredibly fortunate to have Sensei Lutie. He truly has gone above and beyond to help give our students and the Australia National Team the highest chance of success, from travelling across the country to Western Australia and Melbourne to run National Team training sessions, to organising the tracksuits for the team. We're all extremely grateful for the effort he goes to to support us and we hope to make him proud at the World Championships."*







3 generations Sensei Lutie with Sensei Robyn Johnson, Lauren Fraser, Leni Fraser, Andie Fraser, Mila Fraser



Senseis Andrew Jansen, Lutie van den Berg & Andrew Wells



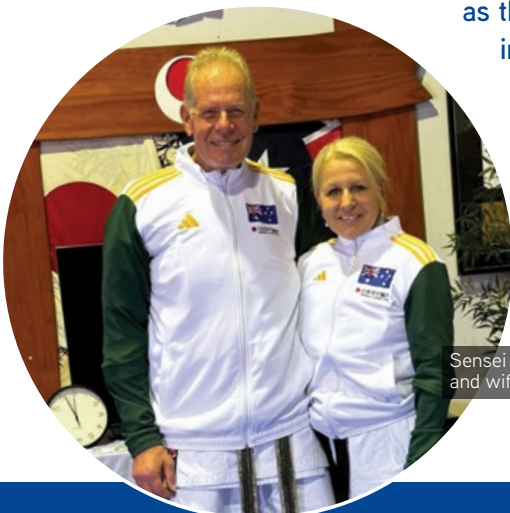
Sensei Andrew Jansen and daughter Emielia Jansen

## A Family Affair

There are several unique family combinations amongst the Mackay Central Highlands (MCH) group, who all have their sights set on victory:

- **Three Generations:** Robyn Johnsen Sensei, who will be both competing and coaching, alongside her daughter, Lauren Fraser, and her three granddaughters, Leni, Andie, and Mila.
- **Father-Daughter Pairs:** Andrew Wells Sensei and his daughter, Lily Wells, and Andrew Jansen Sensei and his daughter, Emielia Jansen (extra fun fact: as well as the same name, Andrew and Andrew share the same birthday!)
- **Mother-Daughter Duo:** Lisa Cameron Sensei and her daughter, Rosey Cameron.
- **Mother-Daughter-Son Trio:** Shelley Koschel, Straun Skien, and Brooklyn Skien.
- **Siblings:** Caelen and Owen Reed; Madison, Tilly, and Max Dewhurst; Braydee, Baylen, and Addison Wright.
- **Husband and Wife:** Lutie Sensei and his wife Anne van den Berg, who will be competing together on the same team in the Veterans section.

We wish them all the best as they head off on this incredible adventure - good luck! ●



Sensei Lutie van den Berg and wife Anne van den Berg

### The team members from the MCH are:

#### Mens Open Division:

- Andrew Wells: Men's Open Kumite and Team Kumite
- Matthew Ellem: Men's Open Kumite and Team Kumite
- Andrew Jansen: Men's Open Team Kumite

#### Ladies Open Division:

- Rosey Cameron: Ladies Open Kumite, Ladies Open Kata, Ladies Team Kumite, Ladies Team Kata

#### Junior Division:

- Max Dewhurst: Boys 10 years old Kumite
- Brooklyn Skien: Girls 10 years old Kata and Kumite
- Mila Fraser: Girls 11 years old Kata and Kumite
- Indy-Rose Skinner: Girls 11 years old Kata and Kumite
- Tehya Brook: Girls 11 years old Kumite
- Straun Skien: Boys 12 years old Kumite
- Owen Reed: Boys 12 years old Kata and 1st reserve for Kumite
- Andie Fraser: Girls 13 years old Kata and Kumite
- Matilda Dewhurst: Girls 13 years old Kata and Kumite
- Madison Dewhurst: Girls 14 years old Kata and Kumite
- Addison Wright: Girls 14 years old Kata and Kumite
- Caelen Reed: Boys 15 years old Kumite
- Leni Fraser: Girls 15 years old Kata and Kumite
- Lily Wells: Girls 15 years old Kata and Kumite
- Annette Harris: Girls 15 years old Kumite
- Jed Gray: Boys 16-18 years old Kata and Kumite
- Baylen Wright: Boys 16-18 years old Kata and Kumite
- Isla Horton: Girls 16-18 years old Kata and Kumite
- Braydee Wright: Boys 19-21 years old Kata and Kumite
- Emielia Jansen: Girls 19-21 years old Kumite

#### Veterans Division:

- Lauren Fraser: Veteran Ladies 40-44 years old Kata and Kumite
- Shelley Koschel: Veteran Ladies 40-44 years old Kumite
- Indiana Samsara: Veteran Ladies 50-54 years old Kata and Kumite
- Lisa Cameron: Veteran Ladies 55-59 Kata and Kumite
- Anne van den Berg: Veteran Ladies Kata 60-64 years old
- Lutie van den Berg: Veteran Men's Kumite 60-64 years old
- Robyn Johnsen: Veteran Ladies Kata 65-69 years



Earlier this year, following two rounds of community consultation, Central Highlands Regional Council (CHRC) designed and built two new multi-use courts at Carbeen St, Tieri.

The new courts cater to tennis, netball, and basketball and are already a hit with community members. Thanks to the new LED lighting with a push button option being installed, they provide the community with a brand new sports facility that's available for use both day and night.

The courts were completed in June 2024 and, since then, CHRC Parks & Recreation has received important feedback from the community, including concerns about the layout.

On 18th July 2024, a meeting was held with CHRC Parks & Recreation and direct users of the new courts, as well as other relevant stakeholders to discuss this feedback. A number of valuable points were raised and suggestions put forward, including:

- The community consultation process needs to be improved and better publicised by council
- Concerns around the ability to play competitive tennis on multi-user courts
- A safety issue with a steel cap sitting proud (this has since been repaired)
- Possible safety issues in having two different sports co-located, with a lack of fencing between the courts
- The amount of children on one court when tennis is being played by adults on another

Suggestions from those representing the Tieri community at the meeting included:

- Permanently removing the basketball hoops from one of the courts so adults can play competitive tennis
- Installing a new fence in the middle of the courts to protect players of different sports playing at the same time
- Signage around how the facility should work and what the different line markings on the courts mean
- New signs on how to provide first aid if required
- Council noted there is a struggling tennis club in Capella that would welcome new members to improve competition and fitness opportunities at their facilities.

To expand on this feedback, the CHRC established a survey to collect input from a wider base in order to fully understand the current and intended use of the Tieri multi-purpose courts and the needs of our community.

The survey went live on Tuesday 13th August. Within two weeks, 34 people had taken the time to provide their feedback and suggestions. Of those, 67.6% have used the courts to date, with 58.8% attending once a week or more. 29.4% of respondents said they would prefer one of the courts be available for tennis only.

The survey was open until 6th September for the Tieri community to provide feedback. All contributions to this consultation are now being reviewed and evaluated, and the council project team will report back on key outcomes, recommendations and next steps in the coming weeks.

*"Thank you to everyone who has taken the time to share their feedback and suggestions with us," says Leisa Donlan, Manager Parks and Recreation at CHRC.*

*"We value your support and input into the new courts and appreciate your patience as we work through the options and ideas, determine the best approach, and implement the next steps."*

In the meantime, the courts remain available for use day and night, free of charge, with no booking required - simply turn up and play. And, in an exciting outcome of the new courts, Tieri State School has recently received funding to use the courts for a basketball development program for students ([page 24](#)), and they look forward to applying for further funding to run more sports programs at the courts for children.

**We'll bring you more details in the next edition of Tieri News - stay tuned!**

Unfortunately, almost immediately following their completion, the courts were damaged or vandalised which some of the respondents to the survey have noted.

The tennis net posts were both bent and one of the basketball hoops was damaged and also bent.

While repairs were swiftly made, council is asking for our community to care for these new assets to our town and to use them appropriately and respectfully, so everyone can enjoy them. ●





## 5 tips to keep your family safe online



Parents and carers can use a combination of strategies to help young people build their digital technology skills and have safer experiences online.

### 1. Start the chat

Get into the habit of talking about online safety as a family, so your child feels comfortable coming to you if they ever need help working out an issue. It's never too early to introduce [good online habits](#) such as respect, empathy, critical thinking, responsible behaviour and resilience. As your child grows older, eSafety's advice about [hard to have conversations](#) will help with some of the tricky topics like sending nudes, online pornography and contact from sexual predators.

### 2. Create a family technology agreement

Creating a Family Technology Agreement can help you and your kids decide together when and how digital technology will be used at home. As a family, brainstorm easy-to-follow rules and display them where everyone will see them. Your agreement could cover things like: time limits, apps your kids are allowed to use and online behaviour. Families with younger children can [download](#) a template to guide the conversation.

### 3. Set up parental controls

Parental controls let you monitor and limit what your child sees and does online. It's best to use them in combination with the other online safety strategies listed here. [Taming the technology](#) can help you understand your options. Grab a device and get started with our guides to setting up parental controls on [devices and accounts](#) or in [social media, games and apps](#).

### 4. Choose games and other apps carefully

Use eSafety's [App checklist for parents](#) to think about the positives and negatives when your child asks to download a new game or other app. The checklist covers things like age ratings, managing privacy settings and reporting abuse in-app. You can also use [The eSafety guide](#) to check and set up safety features with your child.

### 5. Use digital technology together

Exploring or playing on devices or online with your child can be a positive experience that promotes learning and development. Ask questions, be curious and get involved. To learn more, read our blogpost [How to encourage good screen practices for your child](#).

Published 05/2021



# OCC PROGRAMS & INITIATIVES

## Fit for Life with Glencore



As part of Glencore’s continued focus on ensuring the physical and mental health and wellbeing of its employees, their COREHEALTH strategy focuses on three key areas:

- 1. Controlled Work Environment:** understanding and controlling hazards in the workplace to avoid impacting the health of our people. Hazards may be biological, chemical, physical or psychosocial in nature. Glencore has developed a risk-based approach to the management of all health hazards.
- 2. Fit for Work:** recognises that impairment in the workplace, if not identified and managed, can increase the risk of incidents. Impairment may be caused by fatigue, alcohol or other drugs, or other physical or psychological conditions.
- 3. Fit for Life:** considers the health status and needs of Glencore’s people, assisting them to improve their overall health and wellbeing through training and education, targeted health initiatives and resources to promote healthy lifestyles. This includes a health, wellbeing and rewards program called ‘Fit for Life’.

The Fit for Life program offers a range of resources, tools and discounts that are available to Oaky Creek Coal employees and their families to support them in remaining fit for life.

### Tools & Resources

Life can throw any number of challenges at us that can impact our health in many ways, including our:

- lifestyle risk factors
- financial stress
- levels of fatigue
- physical health, injury and pain
- psychological health

The ‘Fit for Life’ family guides participants to access tools and resources in each of these areas that can help build the knowledge and skills required to nurture the physical, mental and financial health and wellbeing of OCC employees and their family, for life.

### Discounts & Offers

With over 450 national retailers participating, the Fit for Life program provides a wealth of discounts and savings opportunities that will either:

- Be applied at the point of purchase, reducing the amount you actually pay, or
- Given to you as Cashback, which you can then withdraw to spend on later purchases.

#### Registering is simple and easy:

- Scan the QR code or visit [glencore.com.au/fitforlife](http://glencore.com.au/fitforlife) then click ‘Login or Join Here’ then follow the prompts to ‘register to get access’.
- Fill in your First and Last Name, email address (this does not have to be your Glencore email address) and choose your password.
- You will also need your employee ID number which can be found on your most recent payslip. When entering your ID number, remove the leading 0’s.

**CLICK  
HERE**

Once you click ‘Register’ you’ll have access to the entire health, wellbeing and rewards centre to start your Fit for Life journey.

**If you have any questions, please contact Oaky Creek Coal’s Health, Safety and Training Manager, Darren Andrews, on 07 4984 7430 or 0455 664 635. ●**

## Enjoy the rewards of being fit for life.

The Fit for Life program offers a range of resources, tools, amazing discounts and instant savings to support you and your families to remain fit for life. The fit for life family will guide you to the tools and resources to help you build the knowledge and skills.

### Discounts

4% savings on our everyday purchases on your weekly shop Coles and Woolworths.

Discounts on big tech items with GoodGuys, Sony and Apple.

Save on home and garden Improvements at Ikea, Barbecues Galore, Amart and Temple & Webster.



### Instant Savings

Save instantly on your petrol costs with 5% off at Ampol and 3% at Caltex Woolworths.

Save 10% at Supercheap Auto on car tools, parts and accessories.

### Health and Wellbeing

Instant access to a library of resources such as recipes, exercises, informative videos, tools and tips to help support your journey to improve your overall health and wellbeing.



### Glencore Benefits and Perks

Access all of the information about the exclusive benefits and perks you get for being part of the Glencore team.





# INSIDE OUT WITH...

Life on a mine site is like no other. The people you work with are more than just colleagues, they are your friends and family. They have your back, and you have theirs. Every day you work hard to make sure the other gets home safely at the end of your shift.

We're fortunate to have so many incredible people working on site at Oaky Creek Coal (OCC) and we want to get to know them "Inside Out"...

## John-Ross Barnes



**Name:** John-Ross Barnes, but most people call me "Barney"

### How long have you been with Glencore and Oaky Creek?

I have been part of the Oaky Creek Coal Handling and Preparation Plant (CHPP) team for 18 years now. I started here in 2006 for a two-week shutdown and, as fate would have it, I never left.

From 2006 to 2021 I was part of a contracting team that completed all the structural integrity works at the CHPP. Then, in 2021, I was fortunate enough to gain a full time Maintenance Coordinator role with OCC.

### What happens at the CHPP?

The CHPP processes coal to improve its quality to a coking coal grade before it's sold to customers. It involves crushing, screening, and washing the coal to remove impurities such as ash, soil, and rock. The result is a higher-grade, cleaner coal that meets coking coal specifications.

### What's your current role?

CHPP Project / Shutdown coordinator.

### What are you responsible for?

I am currently responsible for the planning and execution of all mechanical projects at the CHPP, with tasks varying from water line upgrades to new plant extensions. I coordinate all Plant monthly and major shutdowns and oversee all structural integrity works on site.

### What does a typical day look like for you?

I normally arrive at the site for a 5:00 am start. I prepare the day's project work for communication to the team at the 6:15 am morning maintenance meeting. That's followed by a few planning meetings.

From there, I like to get out for a walk to catch up with the team on the floor and see how their current project is going.

The afternoon is usually for organising and ordering parts and resources for all incoming shutdowns and incoming planned tasks.

### What do you enjoy most about your job?

The skills I have learnt and all the people I have met along the journey. This has had a big impact on my decision to stay at Oaky Creek Coal for as long as I have.

### What's the most challenging part?

Every week has its own challenges. I believe the biggest challenge for myself currently is ensuring all projects and shutdowns run smoothly and go to plan. Also ensuring I stay ahead of the shutdowns with parts and equipment.

### Have you always worked in the mining industry?

No. I left school at 16 and started working full time on the trawlers out of Mackay. It was an unreal job at the time but did not pay a lot and, I can tell you now, the boss I had back then was slightly different to the current time!

### What attracted you to the mining industry, Glencore and OCC/Tieri?

I started in the mining industry at 18 years of age. Back then the first attraction was the pay packet, and the variety of the work was great compared to what was available in town.

### If you weren't working as a Project Coordinator at Oaky Creek, what would be your ideal job?

I've never really thought about it. I enjoy the work I am currently doing so I would imagine it would be a job somewhat similar to the one I am currently in.

### What do you like to do outside of work?

I enjoy spending all my spare time with my family. Watching them compete in motocross and rugby league. We do a bit of enduro riding for fun which keeps me a bit more involved, even if I am constantly asking my 15-year-old for assistance on the bike!

I also do a lot of spearfishing and fishing with the kids when the weather prevails (which is not as often as we would like). And we like to hook the campervan up as much as possible and do a bit of camping.

### What movie have you watched and rewatched the most...and why?

Titanic (Got ya!). Any movie that has a bit of action in it captivates me for a while.

### What song will you always turn up louder?

Any music from the 80s - 90s is my normal go to.

### What's a little known fact about you?

Not too much really - I'm a pretty open book. The one thing not too many people would know is that I don't mind a beer or two...so keep that one to yourself.

### Favourite quote?

"Life is what you make it." ●







## Harnessing Artificial Intelligence



As part of their Accelerated Rehabilitation program, and commitment to innovation and technology, the Oaky Creek Coal Environment & Community team has been working with the data and artificial intelligence (AI) environmental technology company, Dendra, to speed up and scale up their land rehabilitation.

Dendra is a team of scientists, ecologists and engineers with the vision to restore the balance of our biodiverse natural world. They harness the power of data and AI for large-scale environmental monitoring to provide in-depth biodiversity insights that help inform rehabilitation decisions that lead to a more positive environmental impact.

Oaky Creek Coal (OCC) began collaborating with Dendra in August 2020, starting with annual digital flyovers monitoring a few hundred hectares. Since then, they have expanded to monitor

over 6,000 hectares. Together, they have tracked multi-year vegetation cover trends across the entire OCC site, reduced weed management costs by targeting interventions more precisely, and detected volumetric changes in erosion features — all contributing to a more efficient and effective rehabilitation process.

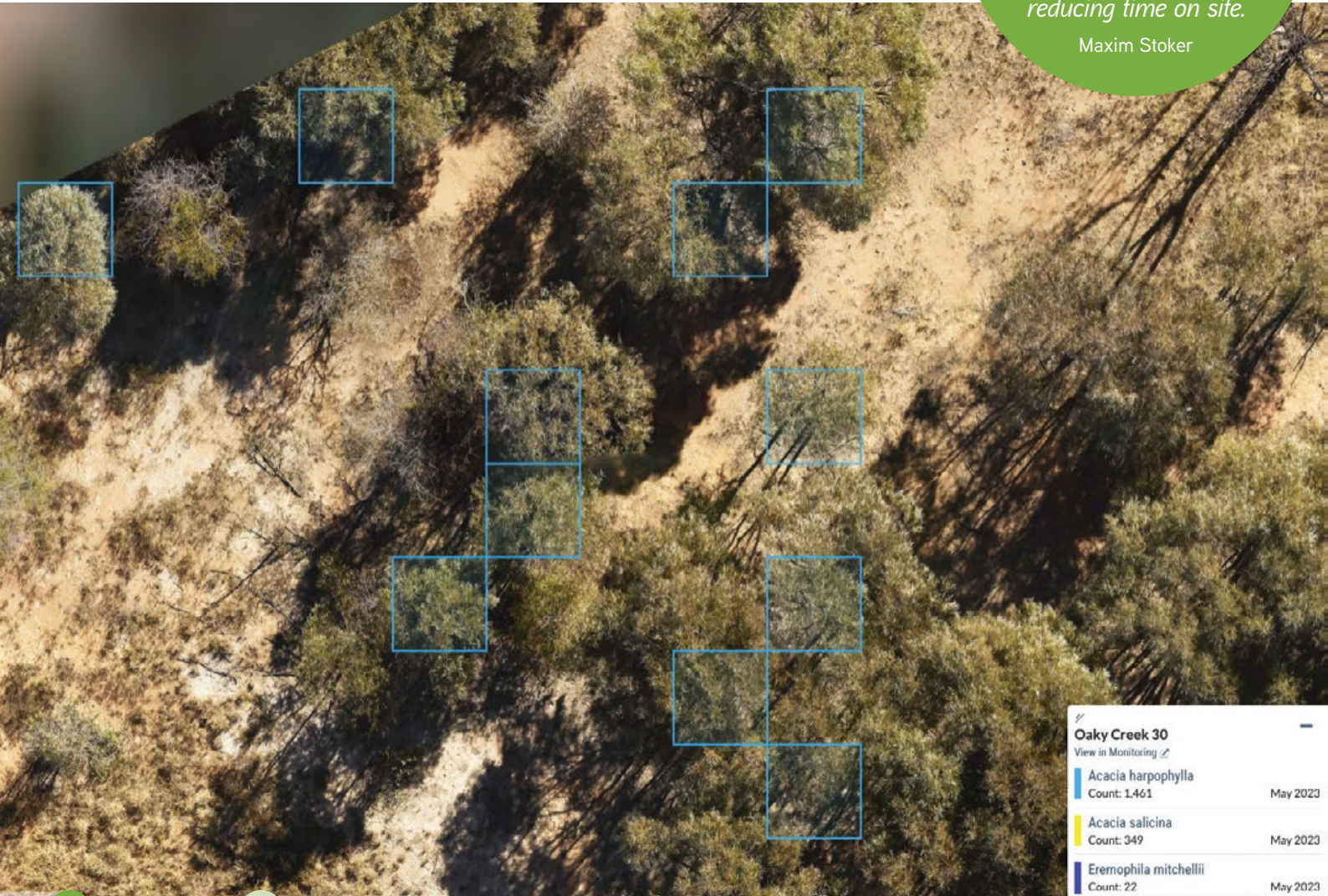
### Monitoring at scale

Over high-resolution imagery, Dendra detects plant distribution, down to the species level; types of land cover; erosion and more. The images provide insights to a comprehensive set of metrics across OCC including:

- The type, extent and volume of erosion features
- Slopes (slope compatibility with post-mining landform)
- Canopy and ground cover type
- Native and exotic flora and fauna species
  - Presence, distribution
  - Pest animal tracks
  - Vegetation heights
  - Living and dead material
- Human made items (rubbish, pipe, tyres etc)

Over time, the images paint a thousand words,

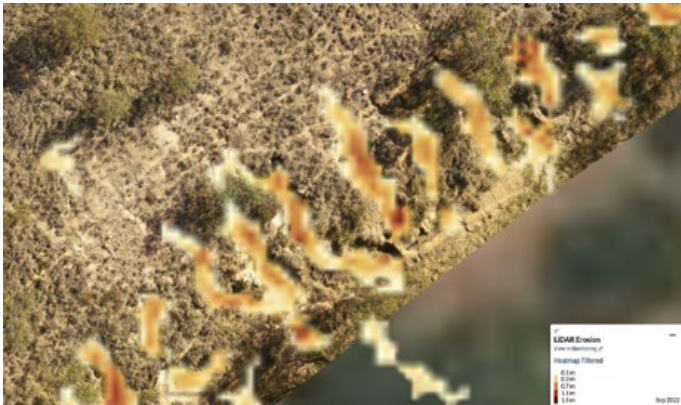
“  
Using Dendra drones, we can map up to 400 hectares per day on average, significantly reducing time on site.  
Maxim Stoker



Oaky Creek 30		
View in Monitoring		
Acacia harpophylla	Count: 1,461	May 2023
Acacia salicina	Count: 349	May 2023
Eremophila mitchellii	Count: 22	May 2023







accurately tracking ecosystem restoration progress throughout each phase of the rehabilitation program.

*“We work with Oak Creek Coal to identify target plant species within areas of analysis. Once the species list is finalised and detection capabilities are verified, we deploy to site,”* explains Maxim Stoker, Product Marketing Manager. *“Using Dendra drones, we can map up to 400 hectares per day on average, significantly reducing time on site. Post-image capture, the data is processed and insights populated onto the Dendra Platform for OCC to access.”*

In addition to Dendra, a team of Ecologists conduct ground-based surveys in monitoring transects for current and future years. These ground-based surveys assist in data collection to address criteria for Post-Mining Land Uses in rehabilitation areas.

*“These traditional methods play an important role in our rehabilitation programs. But, due to the sheer size of the mine site, and the associated*

*labour, time and safety risks involved, traditional ground monitoring is typically done within narrow sections that only form a small portion of the site,”* explains Emilie Zurvas, Environment and Community Advisor at Oak Creek Coal.

*“It’s exciting to be able to support this with Dendra’s technology, which allows us to get a bird’s-eye view of the environment, and gives us insights for the entire mining area that are unattainable with ground-based monitoring.”*

### Good for business... and the environment

Traditional monitoring methods will always play a vital role, however, when coupled with Dendra’s remote sensing, the OCC Environment and Community team is able to collect more comprehensive, detailed datasets on a holistic view of vegetation cover. This includes precise data on distribution of trees, shrubs, grasses, and bare ground, as well as their interactions with invasive species, erosion volumes and other critical environmental factors.

These insights enable OCC to make more informed, strategic rehabilitation decisions, whether it’s pinpointing problematic weeds or measuring sediment volume changes that indicate successful rehabilitation.

What’s more, Dendra’s technology enhances safety by reducing the need for boots on ground, and increases efficiency in decision making by diagnosing exactly where to intervene to save time and enhance rehabilitation efforts.

With this precise focus on what needs to be done and where, the environment quickly receives the targeted support necessary to be rehabilitated and reach a self-sustaining state, while OCC continues to progress responsible mining. ●

### Harnessing Artificial Intelligence at Oak Creek Coal

At Glencore’s Oak Creek, the Environment and Community (E&C) team is pioneering the use of artificial intelligence (AI) in vegetation monitoring to enhance the efficiency of mine rehabilitation efforts. These innovative practices mark a significant shift in how environmental data is gathered and utilised at site.

*“We are continuously exploring how AI can enhance our environmental strategies and performance across the entire mine footprint.*

*We are reviewing with our partners its application across natural and exotic species, land condition, air quality and overall ecosystem performance. Watch this space!*”



**Read the full article in The CoalFace.**

**CLICK HERE TO READ THE FULL ARTICLE**



## Planning for the Future



The Queensland Government requires all mining operations to prepare and submit a Progressive Rehabilitation and Closure Plan (PRCP) to the Department of Environment, Science and Innovation (DESI).

Progressive rehabilitation means rehabilitation that is done continually and sequentially during the entire period that a mine is open, rather than waiting until the end of the mine's life.

The total area of land managed by Oaky Creek Coal (OCC) on the mining lease is approximately 17,000 hectares. Of this, approximately 9,000 hectares have been disturbed on the land surface by mining activities. To date, more than 5,000 hectares of this previously mined land has already been progressively rehabilitated, 1,475 hectares of which has been approved and certified by DESI. To put this into perspective, that's an area twice the size of Hamilton Island, making OCC one of Queensland's leading mining operations in the certified rehabilitation space.

“ Land rehabilitation is a core part of our business with considerable resources in the order of tens of millions being appropriately spent annually to progress responsible land rehabilitation works across Glencore operations, says Joel May, Environment & Community Manager at OCC.

*We're stewards of the land on which we operate and we have a moral, environmental and legal responsibility to restore that land to the condition in which we found it... or even better. To have so much of our rehabilitation work certified by DESI is something we're immensely proud of and we will continue to uphold these high standards as we work to progressively rehabilitate other areas of land as mining operations in each area cease.*



One area currently undergoing rehabilitation is the 200 hectare Aquila Low open cut mine, where mining ceased in 2006. By the end of the year it is expected eight million cubic metres of earth will be moved into the final landform shape ready for the next stage of the rehabilitation process. This will include applying gypsum and ripping the soil along contour with dozer tynes (to stabilise the soil prior to vegetation growth), applying fertiliser and seeding via drone in time for the summer temperatures and rainfall which promote vegetation growth.

In 2023 alone, OCC rehabilitated a total 440 hectares of land, something it aims to expand on each year as part of its Accelerated Rehabilitation Strategy.

Rehabilitation works form part of the OCC PRCP, which was submitted to DESI in November 2023. The PRCP provides a detailed description of the activities OCC will carry out (including where, when, how and why) over the coming years - through to last coal and beyond - to successfully rehabilitate the land used for mining and return it to a stable condition suitable for approved post-mining land uses.

DESI reviewed OCC's PRCP earlier this year and, as is customary, asked for some more information. OCC is currently in the process of gathering this ready for submission in 2025. Once DESI approves the PRCP, they will issue OCC with a rehabilitation schedule that must be complied with.

In the meantime, OCC is busy working towards its next Progressive Rehabilitation Certification application to be submitted to DESI by the end of the year. ●







# OCC PEOPLE



Shout out to the competing teams and to all the Oaky Creek Coal ERT members for their commitment to ensuring the safety of our workers and operation.

Damien Wynn



## OAKY CREEK SURFACE ERT 2nd Place at QMRS Rescue Challenge

Congratulations to the Oaky Creek Surface Emergency Response Team (ERT) who came second at the QMRS Surface Challenge 2024, hosted by Hail Creek Mine on 10th August.

Queensland Mines Rescue Service (QMRS) is a not-for-profit organisation that assists the mining industry to manage risk and ensure safety in both underground and surface mining environments.

As specialists in mine rescue, they train and test Emergency Rescue Teams (ERT) from across Queensland's mines on how to safely and effectively manage a wide range of hazards and situations. These include rescuing trapped and injured miners, combating fires, responding to mine emergencies such as explosions, rockfalls, toxic gases, influx of water, and injuries.

Specifically, the QMRS Surface Challenge tested participants on fire rescue, vertical rescue, CABA recommissioning, confined space rescue, water rescue, multi-casualty incidents and Road Crash Rescue (RCR).

The Oaky Surface ERT - made up of Cameron Mason (Captain), Zac Stemm (Medic), Nakia Lange, Matt Martell, Zeb Warren and Peter Allan - put in a tremendous effort, showcasing their expertise and teamwork, narrowly missing first place by just two points.

Richards Leeds, Safety and Training coordinator for Oaky Surface, said: "We are all very proud of them. We mixed things up a bit this year and sent in a new team, three of whom are brand new members of the OCS ERT. They all did exceptionally well and we're looking forward to building on this and continuing to train hard to get gold next year, and be the best we can be for our OCS teammates."

Damien Wynn, General Manager of Oaky Creek Coal adds: "I hope we never have to find out how capable you are in an emergency, but it's certainly reassuring to know you put yourselves through such rigorous training for your workmates - thank you." ●

**QMRS Surface Challenge 2024**

- 1st - Peak Downs
- 2nd - OAKY CREEK SURFACE
- 3rd - Dawson
- 4th - Collinsville
- 5th - Hail Creek



## OAKY CREEK NORTH UNDERGROUND MINE Triumphs at QMRS State Cup

Congratulations to the Oaky North Underground Emergency Response Team who claimed victory at the Queensland Mines Rescue Service (QMRS) State Cup, held at QMRS Boonal Station earlier this month.

Along with securing first place, Oaky North's Robbie McShane, Deputy ERZ Controller, was awarded Best Captain while Sam Lindley, also Deputy ERZ Controller, received the Chief Inspector's Trophy.

"I feel very honoured to receive the Chief Inspector's Trophy. Although it's an individual award, I attribute part of the success to the team, as we commit time during our training days to challenge each other on knowledge of the QMRS protocols and emergency response procedures," Sam said.

"We aim to bring the best out of each other in a team environment and this culture not only fosters success but is one of the foundations of the QMRS and assists us with managing emergency situations effectively."

**The Oaky North team will now advance to the Australian Competition in October, proudly representing Queensland on the national stage.**





## Warren 'Rowdy' Nunn Celebrates 40 Years with OCC



### CHPP CONTROL ROOM OPERATOR, 'ROWDY'

by Midgey

King control room operator 'Rowdy'  
 Was all so proud  
 Sitting high on his throne  
 All alone  
 He has hawk eyes  
 I tell no lies  
 Was always seen  
 Staring at the screen  
 Occasionally moving his arms  
 To reset the alarms  
 Never missing a beat  
 While sitting in the seat  
 He came across a bit shy  
 But really a nice guy  
 The bloke  
 Even enjoyed a joke  
 But be aware  
 Of his stare  
 Known as the best  
 Better than the rest  
 The gun  
 He's number one  
 The glue  
 Of the crew  
 Everything was fine  
 At the mine  
 Everyone seemed  
 To be working as a team  
 Many years had passed  
 He was still doing well at his task  
 But this would not last  
 All things were not fine  
 At the mine  
 As old mate Hawkeye  
 Could be a spy  
 And the crew  
 Never knew  
 It was true  
 His real name is Warren.



### Congratulations to Warren Nunn on his 40-year anniversary with Oaky Creek Coal!

Warren began his mining career in 1980 at Rylance Colliery, Ipswich, a small open cut operation.

In 1983, at 24-years-old, he drove over 900 km from Ipswich to Tieri, arriving on a dirt road because no formal roads had been constructed back then. "It's gone so quickly; it feels like just yesterday that I was driving down that track," Warren recalls.

In June of that year, Warren started at Oaky Creek Coal in the bucket shop, building and repairing the giant buckets for the three big draglines at OCC's open cut mine. It was during these early years that he earned the nickname "Rowdy" from his first foreman, for being so quiet. Despite coming out of his shell over the years, the name has stuck and most people throughout his career have known him as Rowdy.

When Oaky Creek ceased its open cut mine operations in 1999, Rowdy transitioned to the CHPP - the wash plant - where he still works today. There, he's learnt new skills including processing, Control Room operations, dozing and train loading, and maintenance activities on shutdowns. It's an area he continues to enjoy, even after 25 years, laughing that "it gets better with age because it's not as physically demanding!"

In 2022, Warren was one of the CHPP 'pin up boys' for OCC's 'She'll Be Right' safety campaign. In the campaign, he spoke about his experience driving a dozer that plummeted into a void. "I was very lucky - there was an excavator nearby and the team got me out in 50 minutes. That doesn't sound like a long time, but when you're stuck in a life threatening situation, 50 minutes drags on, painfully slow and lots of thoughts flash through your mind."

"It certainly promoted a change in attitude and made me think through the consequences before taking an action. It also highlighted the importance of being aware of your surroundings, and that clear communication - in all its forms - is critical to the safety of mine workers."

Thankfully, the accident isn't the only memory that stands out for Rowdy. He recalls how there was nothing in town at the beginning and the buzz that was created when new services like the Brolga pub opened. He proudly played for the Tieri Eagles in their inaugural rugby league team and served as Treasurer of the Tieri Social Club for many years at a time when "everyone in town would pay \$2 a week into a kitty of sorts, and every couple of months we would use that money to host a social event - it was great fun." And, of course, all the people that he has worked with over the last four decades, many of whom have become great friends.

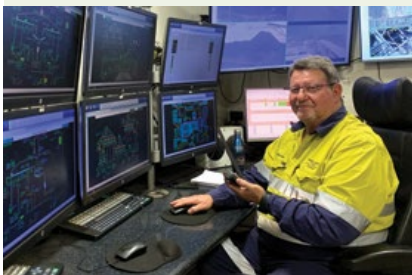
It was one such friend, Michael 'Midgey' Putland, who presented Warren with a poem on the night of a celebratory dinner to mark his 40th anniversary (see right).

Reflecting on this significant milestone, Rob Shepherd, CHPP Manager, captures Warren's journey: "In the last 40 years, Rowdy has worked more than 80,000 hrs at Oaky Creek Coal, consumed over 5 million litres of fuel on dozer operations, pushed more than 15 million tonnes of coal, and spent more than 14,000hrs, or 583 days, eating crib and drinking coffee," he summarises.

"He's witnessed several changes, from lead pencils to microfilm, floppy discs to CDs, Bluetooth and Global Position Systems (GPS). Record players to cassettes and Walkmans, VHS to DVD to Streaming TV on his phone. From horse and cart, to petrol engines, to electric cars... and of course those fancy flying machines."

"In all seriousness though, I would like to thank Warren for his contribution to the success of Oaky Creek Coal, and for the many years of dedication to ensure the safe and efficient operations of the coal handling facilities and its ancillary equipment. Congratulations Rowdy, on reaching this exceptional milestone in your career."

Damien Wynn, General Manager at OCC added: "Congratulations on this milestone, Warren. In today's day and age, to have someone working with us for 40 years is a strong reflection of your character. It's also a testament to the people you've worked with over the years, and to the people of Tieri who have all helped create an environment you've been able to thrive in and - hopefully - enjoy. It's great to have you on our team, thank you." ●





Australia Post Tieri .....	4984 8108
Bi-rite Electrical .....	4981 6650
BKT Taxation Bookkeeping Services .....	0418 390 664
Blackdown Accommodation Services .....	4984 8131
C&K Tieri Community Kindergarten .....	4984 8304
Capella Cultural Centre .....	4984 9300
Capella State High School .....	4988 7333
CHRC Library & Transaction Centre .....	4984 8270
Coalfields Spine Care Chiropractic .....	0402 974 801
DBS Recruitment & Labour Hire .....	1800 327 753
Foodworks Tieri .....	4984 8480
Furry Friends Hydrobath .....	0407 651 345
Hodgson Building & Excavations .....	0438 390 664
Marist College Emerald .....	4994 9100
McKie Pet Sitting .....	0407 651 345
Tieri Ampol Service Station .....	4984 8434
Tieri Bar & Grill .....	4981 6692
Tieri Bakery .....	0401 902 952
Tieri Brolga Hotel Motel .....	4984 8555
Tieri Daycare .....	4984 8554
Tieri Family Unit & Child Health Centre.....	4884 6200
Tieri Medical & Physiotherapy .....	4984 8386
Tieri Pool.....	4981 6131
Tieri Pharmacy .....	4981 6756
Tieri Police Station .....	4932 3970
Tieri State School .....	4981 7555
Tieri Trade Shed .....	4981 6088
Tieri Microbusinesses .....	Refer Tieri Noticeboard Facebook

## Community Information & Support

CTM LINKS Community Support & Development .....	0491 276 263
Justice of the Peace .....	Enquire Tieri Noticeboard Facebook
CH Wildlife Carers Inc.....	0475 288 301
Snake Catchers - Allan Barry .....	0458 494 413
Brad Lane .....	0400 260 478
CFMEU Oaky North Lodge .....	0419 761 807
13 Health (Assessment, Referral, Advice) .....	13 43 25 84
LIFELINE (Phone Support) .....	13 11 14
1800 Respect (Domestic Family Violence Support) .....	1800 426 820
MensLine Aust. (Prof. Counselling & Support) .....	1300 78 99 78
Kids Helpline (Prof. Counselling & Support Ages 5-25) .....	1800 55 1800
CQ Financial Counselling Service .....	4928 1844
QLD Gambling Helpline .....	1800 858 858
QLD Alcohol & Drug Information & Support .....	1800 177 833
Tieri Community Church .....	tiericomunitychurch@gmail.com
Nearest Vets .....	Emerald or Clermont

**Social Media - Facebook**  
Tieri Noticeboard

<b>Oaky Creek Coal &amp; Town Services</b>	
Town Services - Housing / Maintenance .....	4984 7700
Membership Golf Club / Gym Pool .....	4984 7700
Kids Club Creche Gym / Pool.....	4987 7700
Oaky Creek Coal Reception .....	4984 7100
Oaky North Comms .....	4984 7144
Oaky Surface CHPP Comms .....	4984 7292
OCC HR & Payroll .....	4984 7401
Oaky Creek Coal Community Hotline.....	1800 732 895
Employee Assistance Program (EAP) .....	1300 687 633

## Emergency Services

**In an emergency, call Triple Zero (000)**

Police Fire Ambulance 000  
Police Link 131 444 SES 13 25 00

## Central Highlands Regional Council

PH: 1800 242 686

### WATERING DAYS (for Private Gardens)

Mondays	No Sprinkler use
Tuesday, Thursday, Saturday 4 - 8pm	Zone A (NW of Malvern Av.)
Wednesday, Friday, Sunday 4 - 8pm	Zone B (SE of Malvern Av.)

### BIN DAY - THURSDAY

Red Lin Bin (General Waste) WEEKLY	
Yellow Lid Bin (Recycling) FORTNIGHTLY (Even numbered weeks)	

### WASTE FACILITY - DUMP

Tieri - Capella Road (3km from town)	
Monday - Sunday	9:00am - 5:00pm (Closed 1:00 - 1:30pm)

### TIERI LIBRARY & TRANSACTION CENTRE

Corner of Grasstree & Anncrouye Streets	
Monday Friday	9:00am - 5:00pm
Saturday	9:00am - 12:00pm

## Community Groups & Volunteering

- Tieri State School P&C
  - Tieri State School Tuckshop
  - Tieri Sharks Swim Club
  - Tieri Possums Playground
  - Central Highlands Karate
  - Peak Downs Junior Pirates Rugby League Club
  - CTM Links Community Support Network Inc.
  - Tieri Golf Club
  - Tieri Local Ambulance Committee
  - Tieri Community Reference Group
  - Tieri Catholic Caring Shop
  - Central Queensland Wellbeing Hubs Inc.
  - Central Highlands Wildlife Carers Inc.
- Email: [tieri@ctmlinks.com.au](mailto:tieri@ctmlinks.com.au) for contact details

OAKY CREEK  
COAL  
GLENCORE



Follow QR Code to [www.tieri.com.au](http://www.tieri.com.au) for more about Tieri, Upcoming Events & Updated Contacts

DATA CORRECT AT TIME OF PRINTING - SEPTEMBER 2022

## Share your story in Tieri News

Do you have news or a story to share with Tieri regarding your local business, service, community organisation or sports club?



**SUBMIT YOUR  
STORY HERE**



07 4984 7700 • 11 Talagai Avenue, Tieri

[tieri.com.au](http://tieri.com.au)

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COAL**

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