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Wishing you a Wishing you a Wishing you a Wishing you a Market Christmas and a happy new year

Tieri Town Party

Bush to Beach and Beyond: Capella School Leadership Program

Central Highlands Karate Represents Australia

CHRISTMAS / SUMMER 2023

tieri.com.au

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OAKY CREEK COAL

GLENCORE

FROM The Editor

As this edition goes to print, we are running up to Christmas at great speed and 2023 is drawing to a close.

Looking back on the many standout moments of the year, it's hard to go past the Tieri and Oaky Creek 40th celebrations as the major highlight. 10 days celebrating four decades and reminiscing stories, with many events bringing together past and present Tieri and Oaky Creek folk of all generations.

Along with your feedback in the recent Local Voices Pulse survey (see page 16), countless people have given me feedback directly about the overwhelming success of the events, with many of you asking *how we can duplicate the sense of fun and community we experienced during the 40th celebrations?*

It's a great question and I'm excited at the energy and enthusiasm to keep the momentum going.

Whilst I don't have any specifics for you just yet, as I write this, there is a date in the diary for the Organising Committee of the 40th celebrations (made up of OCC employees, members of the CRG, local businesses, sporting groups and members of the community) to meet in early December. The aim is to get a head start on 2024, brainstorm and explore ideas, and lock in dates and events to continue to build the sense of community in our top little town. Keep an eye on www.tieri.com.au, Tieri News, and town notice boards for the resulting 2024 event list in the new year.

If you have any ideas, would like to be on the Organising Committee, or would like to volunteer to help out at any of the upcoming events, please reach out to myself or Katie Duncan.

It's at this time of year when those of us lucky enough to do so get to spend time with our families. Sadly, not everyone is in the same position and the holiday season can often be a lonely and difficult time. If you're in town, I encourage you to check in with your colleagues, networks and neighbours to make sure they're OK.

If you're planning to travel over the festive period, please stay safe. Your safety - and that of your family and friends - is just as important out of work as it is on site (see page 28), so look after yourselves.

Whatever you do over the holidays, we hope you have the best time and come back refreshed and ready for the adventures of 2024!

Paul

END OF YEAR MESSAGE from Damien Wynn, General Manager and Senior Site Executive at Oaky Creek Coal



2023 has been another busy year. Oaky Creek's talent strategy has successfully led us to fill critical roles in a competitive labour market, welcoming top talent - and their families - to Tieri and injecting new energy into our top little town. We've seen several of our Cadets pass their training and begin their career as Deputies. And we had the pleasure of seeing long-standing OCC family member, Des "Dessy" O'Connell, retire and Wayne Miller celebrate 40 years of service with Glencore! I remember first meeting both Dessy and Wayne back when I was a graduate Mining Engineer at Oaky Creek in 2003. They've both had a marked impact on the site and on the culture we aim to create.

Despite the material supply chain delays, construction and delivery challenges from the pandemic, we managed to get our second Longwall for Oaky North built and delivered from China, and have already produced and delivered our first coal. And at Oaky Surface, Hydro-Mining is also up and running, enabling us to reprocess the tailings (byproduct) from washing coal. This not only produces more product coal, it means we fast track our land rehabilitation efforts, which have been another highlight for the year. In fact, in 2023 we increased our land rehabilitation target from previous years and we are still on track to hit that target before the end of the year. Restoring the land we operate on and returning it back to its original state, or even better, is extremely important to us and we're proud of the outcomes we've had to date.

Unfortunately we've experienced too many safety challenges this year, especially hand-related injuries. Safety is - and always will be - our number one priority at Oaky Creek. The people we work with day in, day out, are not just our colleagues, they are our neighbours, friends and family. Which is why we're rolling the 'She'll Be Right' safety campaign out again this year. We want to share real stories from individuals at Oaky who have gone through an incident, and how it has affected their private life, their family and friends, and their mental health. My thanks to all the individuals who have taken part in the campaign. Each of them wanted to share their story as a way to keep their mates - you - safe. We need everyone to get behind the She'll Be Right campaign because, like the Safety Resets (see pg 28) and every other safety initiative we rollout, it is your involvement in them that makes the difference and ignites change. Keep an eye out for the campaign soon.

Perhaps the most overwhelming stand out as I reflect on 2023, is the unwavering sense of collaboration and support from across the mine site and the whole town as we planned for and enjoyed the 40th anniversary celebrations of Oaky Creek Coal and Tieri. As Paul mentions in his Letter from the Editor, they ignited a real appetite to do more events that bring the whole community together. I'm excited to see what the Organising Committee comes up with so we can all continue sharing those moments in the new year.

And what a year it's shaping up to be. Whilst we've successfully filled many critical roles, our recruitment drive will continue and we look forward to welcoming more people to town. We've got a stable, experienced Management team in place who are committed to our solid business plan and, most importantly, to ensuring the safety of our teammates by raising awareness, encouraging people to speak up and empowering them to develop and implement the 'right plan to finish right'.

Speaking of safety, I hope you all stay safe over the holiday, whether you're at home or on the road. Have a well-earned break, doing the things you enjoy with the people that matter to you most. Relax and refresh and get excited about coming back and being part of making OCC and Tieri the best place to work and live.

Happy holidays,

Damien

Merry Christmas

from the Oaky Creek team to the whole Tieri Community

Community Events

Events are the heart and soul of Tieri. Come rain or shine, it's always fantastic to see everyone coming together as a community. It takes a lot of hard work, dedication and passion to put on these events. We'd like to extend a big thank you to CTM Links, Glencore, and to the members of our community who create these events or volunteer at them, and for the resources and effort they provide to bring us all together in this top little town of ours! Here's a snapshot of recent community events and a sneak peek at what's coming up...

SATURDAY, 2ND DECEMBER 2023: TIERI LAWN & GARDEN COMPETITION

When some of the residents of Aquarius Street started vying for the right to claim 'best yard on the street', fellow street resident, Katie Duncan, thought it would be good fun to host an official lawn and garden competition and open it up to the whole community.

"It's a great way to showcase people's passions and their commitment to creating a better looking town," said Katie. "It also gives people bragging rights if they win!" "A big shout out and thank you to Sam & Patrina Sullivan from Emerald Green Turf, and local talent Michelle Stallman for judging this years competition!

Participants could choose to enter their yard into a selection of categories including:

- Lush Lawn where the focus was on the lawn itself
- Glowing Garden which looked at the garden overall
- **Neighbourly Native** for incorporating the most native plants to the area
- Grand Champion the best of the best across all categories.

19 gardens were entered into the competition, many entering into a number of categories. The judging panel - including Simon and Patrina Sullivan from Emerald Green Turf and local resident, Michelle Stallman - assessed each garden against some pretty rigorous criteria, including:

Plant Health, Water, & Weed Management (10%):

Are there blemishes on the plants? How are they receiving water (hose, sprinkler, rain, etc.). Is there an irrigation system? Are there weeds surrounding them? If not, how were they removed?

Colour, Form, & Texture Usage (15%): Is there a diversity of colours or a solid theme? How do the different plant types work together? Was mulch used?

Use of Space (15%): How well did they plan for the space? Was any space wasted or used inefficiently?

Overall Uniqueness (15%): Were there any plant choices made that we aren't used to seeing? Were there any unique elements (lawn ornaments, lights, etc.) used?

Curb and/or Yard Appeal (20%): How well does the garden/ landscaping compliment the house and neighbourhood?

Overall Attractiveness (25%): Was the garden/landscaping attractive on its own?



"Thank you to our sponsors - CH Outdoor, Emerald Green Turf, Glencore and Hopper's Hire - and a big thank you to all the entries for making Tieri such a beautiful place to live, we all appreciate the effort you go to," said Katie. "We're looking forward to bringing the competition back in 2024 where we hope even more people will get involved. Now's the time to start cultivating!"



A Big CONGRATULATIONS to our winners: Tracey and Kerrod Slatter for being crowned the Grand Champions, Jonathan 'Boff' Harris for his Lush Lawn, Krissy and Greg Watson for their Glowing Garden and Carla Lane for being a Neighbourly Native!

And a big shout out to the runners up: Darcy Ericsson and Nicholas O'Mara (Lush Lawns), Chris and Trish Angel (Glowing Garden), and Matthew Dias (Neighbourly Native).





TIERI TOWN PARTY Saturday, 2nd December 2023

It was fun and festivities as the town came together for our annual Christmas party. The Town Centre was turned into a magical wonderland, with plenty to entertain guests of all generations.

Whisper Gin Bar kept everyone fed and hydrated with their catering and bar; Jo, Doug and Chrissy from the band 'Mango Bits' had everyone dancing, and Fun Time Amusements lived up to their name with plenty of rides for little and big kids alike! The Sno Cones and Curly Top Soft Serve ice cream went down a treat, whilst the fireworks lit up the night sky - courtesy of Russell and Sandra Smith from Smith and Co Australia Pty Ltd.

11/2:

A big thank you to everyone who helped organise the event and to each of you who turned up to help celebrate another great year in our top little town!











2024 Events

In the latest Local Voices Pulse Survey (see page 16), and through conversations with members of the 40th Anniversary Organising Committee, you said you would love to see more events and opportunities for the community to come together. So, this month, the Organising Committee reconvened to brainstorm ideas and put together an epic event schedule for 2024!

Keep checking

tieri.com.au/events-calendar and in the next edition of Tieri News, where we'll be publishing details of what's to come throughout the new year.



Tieri Bakery will close on Saturday 16th December 2023, and reopen on Monday 8th January 2024.

Tieri Bar & Grill will close on Saturday 23th December 2023, and reopen on Monday 8th January 2024.

Tieri Pharmacy will have it's last day of trading on Friday 22nd December and reopen on Tuesday 2nd January 2023.



SCHOOL HOLIDAY PROGRAM

Tuesday, 12th December 2023 – Tuesday, 16th January 2024:

Tieri Library Summer 2023 School Holiday Program. Visit the Central Highlands Regional Council website for details.



BUSH TO BEACH AND BEYOND: Capella School leadership program

In 2020, Capella State High School and Tieri State School were awarded a Glencore Smarty Grant from Oaky Creek Coal (see page 14) for a three-year program designed to encourage leadership skills and assist students with the transition from primary school into high school.

The resulting Bush to Beach and Beyond program was intended for students from Tieri State School, Capella State School and Capella State High School to work hand in hand with Metropolitan Caloundra Surf Lifesaving Club (Mets) to build a bespoke "Bush to Beach" leadership program centred around various camps and outdoor activities at different locations.

Originally due to launch in 2020 as Bush to Beach, like many things, it got postponed due to Covid-19 travel restrictions. Not to be deterred, it kicked off with gusto in 2021 as Bush to Gorge, where students visited the beautiful sites of Carnarvon Gorge, including the 'Moss Garden' (an ancient moss forest) and the 'Art Gallery' where Aboriginal art from thousands of years ago is close enough to examine.

"Some of the students involved from that first group have become Junior secondary Captains at Capella SHS and continue to display excellent leadership among their peers," says Gerowyn Lacaze, Principal at Capella SHS.

In its second year, students from Capella State School were invited to join the program which this time centred around a camp at Fairbairn Outdoor Education Centre in Emerald and activities at Capella Aquatic Centre. Students once again participated in team building challenges, strengthened their independence and stepped out of their comfort zone to learn more about themselves and what being a leader means.

Kenzie, a student from Tieri, now at Capella State High, has been involved in the program for three years. She told us: "I find Bush to Beach has been a great learning experience. It has been really good to interact with younger and older students to share our discoveries about

what leadership means and how we can develop the best parts of ourselves."

This year, the program returned as Bush to Beach where selected students travelled to Magnetic Island from 19th - 22nd November. The goal of the program was for participating students to come away with a stronger understanding of leadership, as well as enhanced knowledge and appreciation of beach safety, water safety and the ability to save a life. And, of course, to have plenty of fun and adventures along the way!

According to Gerowyn, the outcomes from this project are clearly visible as students are growing as leaders, whether they have a formal badge or not. The outcomes so far include:

- Leadership skills development: students have grown skills in conflict resolution, team building, values identification and effective communication
- **Personal growth:** skills have been developed in goal setting, time management and collaboration
- **Responsibility:** students have learned to take responsibility for their own learning and development, as well as for the success of their team
- Fun and engagement: students are committed to participating fully in school and community activities.

"This program has not only given amazing opportunities to our young people who have responded extremely positively, it has also strengthened the ties between the three amazing schools we have here," reflects Gerowyn.

"It was funded through Glencore's Smarty Grant program. The application was easy to complete and all ongoing communication has been supportive and timely. We're very grateful for Glencore Oaky Creek Coal's ongoing support, it really makes a difference to our schools, students and community overall."

(11)

SPOTLIGHT ON...

TIERI BAKERY

Your name: Chris & Genalyn Lewis How long have you been operating: Since December 2021 Locations serviced: Tieri and surrounds Follow on: www.facebook.com/TieriBakery

Tell us about yourself and how you came to be operating Tieri Bakery?

My wife, Genalyn, and I were living on the Sunshine Coast. We saw an advertisement looking for someone to manage the bakery. I've got a long history in baking and we were ready for a change, so we applied for the opportunity and got it. We moved to Tieri in October 2021 and opened our doors in December.

The Tieri Bakery is jointly operated by Oaky Creek Coal and Blackdown Accommodation Services, with myself and Genalyn running the operation. I work out the back doing the baking and she manages everything out front, dealing with the customers. It works well for us.

How and when did you discover your interest in baking?

It was back in the 80's when I wanted to get out of school but my parents wouldn't let me leave until I got an apprenticeship. I tried baking and, as a surf-bum, when I discovered the shift finished at 6am - which is the best time to go surfing - I decided to stick with it! I did four years as an apprentice plus another year, before working at a few other venues on the Sunshine Coast.

Then, unexpectedly, a friend presented me with a job offer in Papua New Guinea, teaching the Engan people how to bake. It's incredibly primitive over there so it was a real culture shock, but I took on the adventure with both hands. I accepted them and they in turn, accepted me. We worked together really well for six years. Around 2005 I felt I needed to do something different so I went into drilling and ended up working in the Philippines for 12 years. That's where I met Genalyn.

When Covid hit, we moved back to the Sunshine Coast and that's when we saw the ad for Tieri Bakery and my career came full circle.

What's a typical day like for a baker?

Well, you start at midnight and finish at 2pm so the hours aren't really all that social.

The first thing I do when I get to the bakery is make the bread white, wholemeal, grain, sourdough rye. I make it all fresh, daily. Averaging around 100 loaves a day, some for the bakery and some for the Mess on site at Oaky Creek.

What else do you make for your customers?

As well as the bread, we make pastries and pies, cakes and rolls. Everything from steak pies, potato pies, cheese and bacon, mushroom, curry and pepper pies, to vanilla slices, caramel slices, lamingtons, carrot cake, cupcakes, eclairs, salad rolls and different types of sandwiches. They are all made fresh every day, here on site. Oh, and we make a great cup of coffee too! Guaranteed, the best pies and coffee in Tieri.



What's the most popular?

Sausage rolls are definitely the most popular, followed by our pies, either plain or cheese and bacon.

What's your busiest time?

Mondays and Fridays are the busiest days of the week. Being the first day of the week, Monday means we have to restock everything. And on Friday we have to supply the kitchen at the Mess with enough to last through the weekend.

Genalyn comes in early on those days to help out with the non-baking activities, whilst I produce as much as I can in time for opening.

Why do you love what you do?

We don't own the bakery, but we're given the freedom to make it and run it as if it were ours, and that's something we're very grateful for.

I also love the freshness of the produce. We bake everything on site. Nothing is brought in. It's all handmade from scratch, fresh, every day. I'm proud to provide the people of Tieri with home made, tried and tested - and tasty! - recipes.

Have you ever had a baking disaster?

Back when I was a kid at school. I can't remember what we were making during my home economics class, but I know I put salt in, instead of sugar! I haven't made that mistake again!

For any budding bakers, what's your best baking tip?

Measure twice and make it once. It's an old carpentry trick but it applies to everything that requires precision. Double check everything to save time and ingredients...and your sanity.

Where can people find you?

We're located at Shop 8 in Tieri Shopping Centre.

What are your opening hours?

Monday to Friday from 4.30am until 2pm. Saturday (as a cafe only; limited menu) from 7am – 11am.

Over the holiday season, our last trading day is Saturday, 16th Dec 2023. And we open again on Monday, 8th Jan 2024.

How can people contact you?

Via bakery.tieri@dryander.com.au or on 0401 902 952. Or send us a message on Facebook: <u>www.facebook.com/TieriBakery</u>.





Tieri Pharmacy has been serving Tieri since 2008. Locally owned and operated, Tieri Pharmacy's customers are guaranteed friendly and confidential service. You will find an extensive range of products including:

- Free Delivery to Tieri
- Prescription Medicines
- Prescription Filing Service
- Access Point for National Diabetes Services Scheme (NDSS)
- Vitamins and Supplements
- Cosmetics, Skin Care and Hygiene Products
- Pregnancy and Baby Needs
 - Gifts and Homewares

TRADING HOURS:

Monday to Friday 8am to 7pm Closed Saturday, Sunday and Public Holidays



HOLIDAY TRADING TIMES:

The pharmacy's last trading day for the year will be Friday 22nd December and the first trading day for 2024 will be Tuesday 2nd January.

Email: tieripharmacy@gmail.com Ph: 0749816756 Fax: 0749816785

Investing in **Our Community**

Every year, Oaky Creek Coal invests thousands of dollars to help community-focused organisations get their ideas off the ground to the benefit and engagement of the people in Tieri and the surrounding communities. These ideas range from buying much needed resources or equipment, through to events for the community to enjoy.

For example, Capella State High School received an Oaky Creek Coal Community Investment Grant for their 'Bush to Beach and Beyond' leadership program (see page 11). Capella State High School also received 'in kind support' from Oaky Creek Coal for a Trainer to conduct CPR training for senior students.

In addition to the local Oaky Creek Coal Community Investment grants and Oaky Creek Coal Local Community and Family Events Grants, every year Glencore offers a number of corporate grants to benefit the local communities in and around its operations.

Throughout 2023 many of our own local businesses and community organisations servicing Tieri, Capella and the surrounding areas have been the proud recipients of a Glencore corporate grant, including:

2023 GLENCORE QLD JUNIOR SPORT DEVELOPMENT PROGRAM, ROUNDS 1 AND 2:

- Capella State High School P&C: \$7,541 for team sports gear
- Capella State High School: \$4,868.45 for all-weather outdoor ping pong table and accessories
- Capella State School: \$7,500 for indoor sports equipment for Community Hub
- Capella State School: \$7,500 for swimming professional learning, coaching & teaching resources
- Capella Cricket Club: \$7,500 for outdoor shaded seating for training nets area
- Capella Campdraft Association: \$7,500 for portable panels for Junior Horsemanship Clinics
- Capella Junior Cattledogs: \$7,475.40 for marguees & equipment storage

2023 SCHOOL SCHOLARSHIPS:

• Capella State High School: \$6,000 for 2023 Student Scholarships

2023 SCHOOL P&C GRANTS:

• Capella State High School P&C: \$14,000 for flexible library furniture

"The Glencore SmartyGrants program is a fantastic opportunity for local sporting and community aroups, organisations and schools to benefit from. If your group or organisation could benefit from an injection of cash to help get an event or initiative off the ground, replace old equipment or purchase new resources, I encourage you to apply for one of the many grants available."

"

Coming Up in 2024

Both the local Oaky Creek grants and the Glencore grants will open again in 2024, so start thinking about what you have planned for the upcoming year and how your club or group could benefit from a grant.

We asked Kate for her top 5 tips for a winning application:

- 1. Alignment: Make sure your idea aligns with one of Glencore's core focus areas of health, education, the environment, and the wellbeing of the local community. We are really interested in the sustainability of our community investments and how they will continue to benefit the community or sporting organisation into the future - e.g.: assets, fundraising equipment, etc.
- 2. Enrichment: Explain how it addresses the need you've identified and how it will benefit or enrich the community.
- 3. Detailed: Bring your idea to life by including as much detail as possible. Remember, this is the first and only time Glencore will have heard about your idea so create a clear, detailed picture in their minds of what you want your idea to achieve. Be as specific as possible.
- 4. Precise: Understand what your idea will cost, how much funding you are applying for and, if applicable, how much you are getting from elsewhere.
- 5. Informed: Don't be afraid to ask for help! We're here to answer any questions you have on how to complete the application form, so please get in touch via occenvironment@glencore.com.au

For more information on the Smarty Grants program scan the code or visit:

CLICK

glencore.smartygrants.com.au

Preparing FOR SUMMER

With the hot, dry weather upon us and little relief in the form of rain, we all need to play our part in conserving water, preparing against bushfires and staying informed to help our community.

Every Drop Helps

In collaboration with Smart Approved WaterMark and water utilities and councils from across Australia, Central Highlands Regional Council has a range of <u>water saving tips and resources available on</u> <u>their website</u> to help you conserve water in your home, garden and at work. For example:

At home:

- Did you know that a quarter of all the water we use in the bathroom is flushed down the toilet? If you have a dual-flush, make sure you use the half flush.
- A running tap wastes over 6 litres of water per minute! So turn the tap off when brushing your teeth and get any leaks fixed as soon as possible.
- Limit your showers to four minutes.
- Only run the washing machine or dishwasher when they are full.
- Remember to use a plug when rinsing or washing items in the sink.

In your garden:

- Aim to water your garden at dawn rather than during the heat of the day when evaporation will waste much applied water.
- Less frequent watering forces roots down to find water, making the plants less reliant on surface water and better able to stand hot, dry days.
- Check the four-day forecast at the Bureau of Meteorology. If there's rain in the forecast, let the rain do your watering for you!
- Install a rainwater tank they're available in styles to suit most homes and provide you with free water all year round.
- Used properly, <u>greywater</u> is a great option for your watering garden because most people have a plentiful supply, it doesn't rely on rainfall or vary much with seasons and it reduces your reliance on potable (drinking quality) water.
- Use a pool cover or increase shade with a shade cloth or shade sail to reduce evaporation of water from your swimming pool.



Fact Sheet

R.E.A.D the Bushfire Basics

As we know, bushfires happen when the weather is hot, dry and windy. They can start in parks and bushland but can easily spread to residential and urban areas if there is enough fuel and the conditions are right.

This bushfire season, you can do your part to be prepared, all it takes is a little READing:

- Reduce your risk: remove leaf litter and rubbish and keep gardens and trees well maintained.
- Educate yourself: subscribe to your local Emergency Dashboard and know how to get the most current information from emergency services.
- Asses your environment: have a plan, prepare your emergency kit and discuss your plans with family and friends.
- Decide when you will leave: don't wait until it's too late. Leaving early can save lives. Decide when and how you and your family will evacuate to a safer area.

You can find more information and lifesaving tips at Get Ready Queensland: <u>getready.qld.gov.au/.</u>

Stay Informed

With all the weather events happening at this time of year, it's important to keep up to date on forecasts and road closures. These links are worth saving:

<u>qldtraffic.qld.gov.au</u>

eprepared.chrc.qld.gov.au

bom.gov.au 🔾

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LOCAL VOICES: Tieri, Your Voice Matters

Thank you to the 109 community members who provided their feedback in the October 2023 Pulse survey. And congratulations to the lucky winner of the YETI esky - Kelly Keleher!

The survey has now closed and the responses are being processed and analysed by Voconiq, the data science and community engagement company that runs the surveys.

Voconiq is a third-party organisation, separate from Glencore, so all survey responses are kept confidential and no personal data is shared with Glencore," explains Naomi Boughen, Service Director at Voconiq.

"All responses are de-identified and combined so that only the aggregated results are shared, indicating the opinions of community members as a collective. At no time is Glencore provided with any information that can identify you or link you to your survey responses."

What happens now?

Once Voconiq has processed and analysed your responses, they present the findings to senior members and decision makers at Oaky Creek Coal, including the General Manager & Senior Site Executive, the Environment & Community Department and Community PCG Team.

Your collective feedback, ideas and opinions are then used by Oaky Creek to:

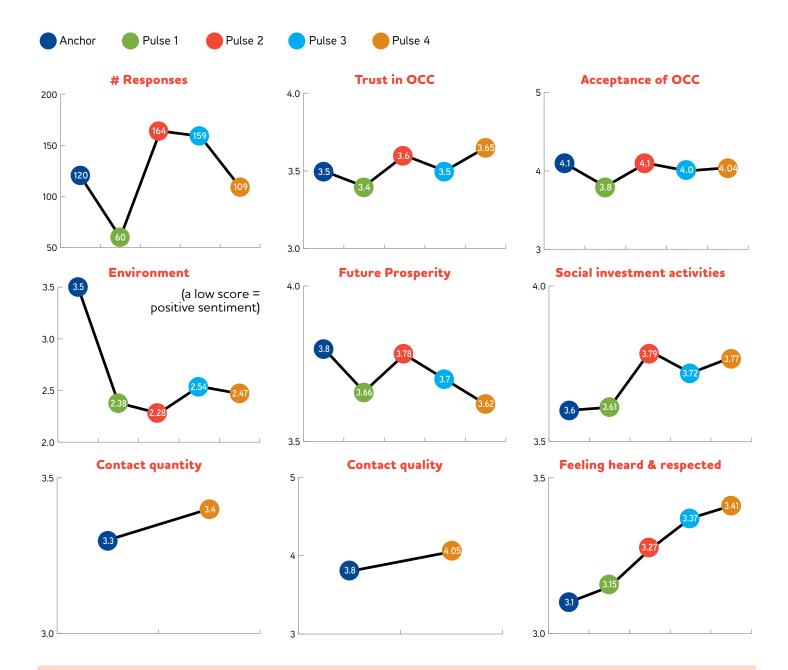
- Understand the key drivers of trust and acceptance of Oaky Creek in various community engagement and communication activities;
- · Identify any areas for improvement; and
- Inform their short and long term decisions, investments, resourcing and activities
- Inform various site systems and documents, including the Stakeholder Engagement Strategy.

We look forward to sharing the insights from the October 2023 Pulse survey with you in the next edition of Tieri News newsletter. You'll also be able to view the research findings here: voconiqlocalvoices.com/tieri

Tracking Community Sentiment on Key Issues

The October 2023 Pulse survey was the fifth Local Voices survey since the community engagement program began three years ago.





Coming up in 2024

Voconiq will be repeating the initial 'Anchor' survey to gauge changes in community sentiment and trust in Oaky Creek. This will again be followed by a series of 'Pulse' surveys focusing on specific topic areas.

Register now to have your say!

CLICK HERE The Anchor survey is a longer, more detailed survey but has DOUBLE the donation for a local community group. For every 'Anchor' survey completed, \$10 will be donated to one of the local community groups registered with the Voconiq Local Voices Rewards program. Local community groups already listed include:

- Capricorn Helicopter Rescue Service
- Central Highlands Wildlife Carers Inc.
- CTM Links
- Peak Downs Karate
- Tieri Family Unit & Child Health Centre
- Tieri Possums Playgroup
- Tieri Sharks Swimming Club
- Tieri State School P&C

To date, more than \$3,500 has been donated to these local community groups thanks to those of you who have taken the time to complete a Local Voices survey. We look forward to seeing these donations continue in 2024!

Holistic Healing WITH EUFLORIA HEALTH

Eufloria Health is a naturopathic and wellness collective which aims to educate, empower and inspire people on their journey to better health, whether that's physical, emotional, mental or spiritual health.

According to the Australian Natural Therapists Association, Naturopathy is based on the principle that the body has an intrinsic ability to heal itself. Naturopathic treatment involves the mind, emotions and the entire body, not just the area of their body that is affected.

Chloe Dredge, owner and naturopathic practitioner at Eufloria Health, aims to connect every aspect of your physical, emotional, mental and spiritual health to help with:

- Hormone regulation: including infertility, endometriosis, pcos, post pill acne, preconception, pregnancy and postpartum care
- Gut health: IBS/IBD, pathogenic gut infections, leaky gut, constipation, diarrhoea, food intolerances
- Nervous system balance: chronic stress, anxiety, depression, fatigue, insomnia
- Thyroid function: hypo / hyperthyroidism
- Skin health: acne, psoriasis, eczema, dermatitis
- Immune health: frequent infections, autoimmune conditions

Holistic Treatment Options

Following an initial consultation to understand your complaints, review your health history, diet and lifestyle, family medical history, and any test results, Chloe will prescribe any necessary treatment.

She integrates evidenced-based treatments with traditional naturopathic wisdom to identify and resolve the underlying causes for dysfunction in the body, not just the symptoms.

The treatment/s prescribed vary from patient to patient and take approximately 3 months for blood cell turn over to take place and optimal healing to begin.

The type of treatments Eufloria Health provides include:

Dietary and Lifestyle Recommendations

For example, did you know that increasing Omega-3 fatty acids i.e fatty fish/salmon, walnuts, avocado, olive oil) in your diet can support the reduction of inflammation and oxidative stress in your body?

Or that you should avoid drinking caffeine on an empty stomach because of its inflammatory effects on your gut?

Or that simple, deep-breathing exercises can support a healthy response to stress?

Or that sensible sun exposure can optimise your vitamin D levels?

These are examples of practical, easy-to-implement recommendations you can expect from Eufloria Health depending on your individual consultation.

Herbal and Nutritional Medicines

Herbal tonics are skilfully blended using botanicals that are relevant to your health concerns; this is what sets our medicine apart from the rest. They offer a non-invasive natural form of healing, while targeting an array of body systems in the one blend.

Nutritional compounds are prescribed to address an imbalance or deficiency which may be hindering your healing. Often these nutrients are prescribed based on pathology results or the latest research, ensuring an evidence-based approach.

Functional Testing

To help identify the root cause of your symptoms, a functional test may be recommended following your consultation. Types of functional tests include:

- Stool testing Gut Microbiome health
- Saliva testing Hormone analysis
- Urine testing Urinary or hormone analysis
- Blood testing General pathology
- Swabs Oral or Vaginal Microbiome health
- · Hair testing Nutrients and toxic elements

Consultation pricing

- Initial consultation (60-75 minutes): \$180
- Children's initial consultation (45-60 minutes): \$140
- Follow up consultations (30-45 minutes): \$100
- Functional testing: pricing is dependent on the type of test and can vary between \$50-\$500

If you're interested in getting to the root cause of your health complaints, book a free discovery call to see how Chloe and Eufloria Health can help you.

Check out our online store

As well as consultations, Eufloria Health has an online store that's recently had a revamp, with more natural health products added. Select 'free local pickup' at the checkout and give the gift of health this Christmas!

Naturopathic Principles

- 1. First do no harm
- 2. Identify and treat the cause
- 3. Doctor as teacher
- 4. Treat the whole person
- 5. The healing power of nature
- 6. Prevention is better than cure



Case Study

Situation

A 30-year old, busy mum of two came to see me. She wanted to have another baby but had sadly suffered multiple miscarriages and a chemical pregnancy. She also had a weakened immune system and was getting recurring infections.

Treatment

The treatment plan I provided took various considerations into account. We needed to support her immune system, reduce inflammation and oxidative stress, promote hormonal balance and help her body remain resilient.

From a lifestyle perspective, we wanted to manage stress, restore and maintain physical and psychological resilience, increase sunshine exposure, encourage gentle movement and promote good sleep hygiene.

Dietary considerations included more mindful eating habits, an anti-inflammatory focused diet, more whole foods, and more seasonal eating.

I also recommended a variety of supplements to support her health journey:

- Herbal tonic hormonal balance, toning uterus, support immune and nervous system
- Fish oils reduce inflammation & oxidative stress
- NAC antioxidant support, hormonal clearance, prevent future miscarriage, immune system support
- Prenatal preconception support, ensuring adequate nutrients

Results

A healthy immune system and I'm delighted to report that she conceived naturally and had no complications throughout the pregnancy!

Feedback

"I can't express how grateful I am to Chloe at Eufloria Health. She aided me with a focus on my health in a time where I really needed to nurture myself in all aspects.

From the initial consultation I felt heard and was so appreciative of her explanations and attention to detail on where I could improve my health. Within a short amount of time I felt such a change within myself utilising her hormone remedies and supplements, along with a few tweaks in my nutrition.

After going through a late-term miscarriage, I sought out Chloe initially to help recover and prepare before trying again. Chloe guided me over the coming months and taught me to nourish my body and then in turn, it also nourished my mind.

I had learnt and applied her wonderful evidence based teachings. I could feel the changes and knew my body was abundant in change and health, and felt it was time to try again.

We now have a beautiful 3-month old boy, healthy and thriving. I truly thank Chloe for guiding me on the path to my health and wellness in not only the pre-pregnancy phase, but also during and after.

She'll always be my go to for anything health related for my family and $I." \bullet$





Looking for a Cool Venue THIS SUMMER?

As the warmer months are upon us, many local businesses, organisations and community or sports groups are looking for an alternative venue to hold their events or activities. Well, look no further than the Tieri Community Space in the centre of town, located in a prime location between the Tieri Post Office and Tieri Bar & Grill.

It's a fully equipped, air conditioned space available to groups for short-term hire. **And, it's FREE!**

With a 65" wall mounted TV/screen (7.5m HDMI cable, external TV aerial, no internet) and a small kitchenette with fridge/freezer, microwave and kettle, the space is suitable for a wide range of activities, and the aircon will keep you cool as the temperatures rise.

It's already been used for a Tieri Youth night and 'Tieri Through the Decades' - a wonderful display of photos and memorabilia over the last four decades during the 40th anniversary festivities.

Other suggestions we have received so far include:

- Pop up events
- Pop up shops (perhaps your favourite market stall or business?)
- Art classes
- Fitness classes such as yoga, pilates or boxing
- Team meetings, training or workshops
- Visiting health services
- Community classes
- Art displays

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- Photography exhibition
- Fundraising events
- Educational activities
- ... the only limit is your imagination!

The Tieri Community Space is a space provided by Glencore Oaky Creek Coal as a resource for the Tieri community. It's a blank canvas for people to hire, free of charge, for up to a week at a time so both sides of the roster get to benefit.

There is currently no bond or hire fee for the venue. The only things you need to organise are any equipment you might need, such as tables, chairs, tea/coffee, catering supplies, etc. Additional charges such as cleaning, lost keys, damage caused, etc. may apply and misuse of the Community Space may prohibit future bookings.

To hire the Tieri Community Space, applicants need to agree to the basic guidelines on the booking form, including having their own public liability insurance and usage must demonstrate benefit to the Tieri community. This is all very simple and the Town Services team will help step you through the process.

For a copy of the booking form and to hire the Community Space, please contact OCC Tieri Town Services via tieritownservices@glencore.com.au or on 07 4984 7700. ●

"We put our money where our mouth is, and we'll just continue to do our best for charities and causes that affect our small community. If we can come back and help PAH again, we will," Mick Cutts



Metro South Health

Mr Mick Cutts Tieri Golf Club By email; cutts7 nd.net ar

Dear Mr Cutts,

On behalf of the Princess Alexandra Hospital, I would like to extend our most sincere gratitude for the generous donation of shower chairs by the Tieri Golf Club.

These chairs are utilised daily by patients of the Spinal Injuries Unit who require this equipment as part of their rehabilitation and are greatly appreciated by patients, family and staff. Thank you again for your generosity and to Mr Benjamin Liddell for co-ordination of this equipment for the Spinal Injuries Unit. ,

Yours sincerely gwellool

eremy Wel ecutive Director ncess Alexandra Hospital



Quality healthcare every day

Tieri Golf Club's generous donation THANKS TO THE TIERI COMMUNITY



23 October at 12:24 · 😯

Thanks to the generosity of Tieri Golf Club, PA Hospital's Spinal Injuries Unit has been gifted three new shower chairs.

The gift was inspired after a Tieri local was seriously injured and spent five months between PAH's Neuro ward and SIU. Inspired to give back to future patients, the patient's friend, Ben Liddell (pictured second from left) worked with Golf Club President, Mick Cutts (pictured left) to raise money for the chairs.

True to the Golf Club's annual fundraising commitment, Mick and the club's 100 members rallied for Ben's cause. Ben says he is determined to pay it forward for future patients in the unit.

"When you have a spinal injury, your life is changed forever. I'm very passionate about what happens in the SIU and will continue to fight for the people who find themselves there. We never say never," he said.

Mick says the club is committed to continuing the partnership with PAH and SIU.

"We put our money where our mouth is, and we'll just continue to do our best for charities and causes that affect our small community. If we can come back and help PAH again, we will," he said.

Ben and Mick made the 900 KM trip to Brisbane to hand over the equipment last week. Thank you to Ben, Mick and the Tieri Golf Club.

MEET THE LOCALS...[|] Wayne Harris

Senior Constable and Officer in Charge at Tieri Police Station



When did you arrive in Tieri and what brought you here?

In April 2023. I came here for the job and the change in lifestyle it afforded me and my partner, Susan. I wanted to experience somewhere where I could be more proactive in the community.

Where was home before Tieri?

The Sunshine Coast. I lived there for 30 years and raised my kids there. They're grown up now and still live on the coast.

You're a police officer - what drew you to the profession?

I was working as a Waste Management Officer for my local council but grew tired of the same thing everyday. I wanted to make a difference and thought the police service would be the best way to do it. No two days are alike.

What does it take to become a police officer?

In 2009, I spent six months at Oxley Police Training Academy in South Brisbane where we covered theory, legislation and law, driver training, firearm training and much more than I initially expected.

It was quite intense and I was somewhat relieved once I had completed training. Spending that time away from family made it a bit difficult too. I then got posted to a station to complete my 12 months mentorship before being let out on my own.

Can you remember your first posting?

It was in Caboolture. It was a really busy station where we were constantly reacting to job after job after job. It was a good learning experience, but it was tough and full on for a first posting. After that, I transferred to Nambour where I spent seven years and then Sippy Downs for six years.

By then, I was getting a little worn out and had been thinking about doing some remote service. Fortuitously, the Tieri job became available, so I applied and was offered the position here.

I came out in January to get a feel for the place. Tieri looked like a complete town, with all the facilities and community feel needed to make a comfortable life. The station and residence looked good too, so I took the job and my partner and I moved out here in April.

How does being a police officer in a small town like Tieri vary from a big city?

It gives you the opportunity to engage with the community more. At busier stations you're just being reactive and going from job to job.

But in a town like this I'm able to spend more time interacting and engaging with community groups, schools and youth groups to help foster a safe community.

How has the police service - or the role of a police officer - changed since you first started?

There's a lot more focus on domestic violence, youth issues and mental health. Thankfully people are reporting those incidents a lot more due to public awareness programs and the ease with which you can report an issue.

What does a typical week look like for you?

Daily checks and response to tasks that come into the station and attending any jobs as needed in both my own division and neighbouring when required. More emphasis is also being directed towards road safety and driver behaviour to reduce fatalities. I also attend local functions and regular training courses in Emerald.

What's your experience of Tieri been so far?

The whole experience has been exciting and rewarding. Everyone has been very welcoming. I enjoyed being part of the organising committee for the recent 40th celebrations, what a great way to get to know the town and its people!

What's the most rewarding part of your job?

Having the knowledge and legislative support to help those in the community who are most vulnerable and being in a position that enables you to make a positive difference to people's lives.

How do you describe yourself?

Approachable and easy going.

How would your mates or colleagues describe you? Loyal and supportive.

How do you spend your spare time...and with whom?

Always odd jobs around the house or boating, fishing and camping with my partner and family.

5 things you can't live without?

- Coffee
- Sunday Newspaper (not readily available now)
- Cold tap Beer
- · Adventurous spirit
- A good night's sleep

Dead or alive, who would be your ideal BBQ guests?

Rafael Nadal (maybe some lessons), Ed Shearan (for the entertainment), Australian Cricket team (for some backyard cricket) and family.

Everett Harris Wins 6-HOLE CH JUNIOR OPEN

Congratulations to Everett Harris who was the Nett winner of the 6-hole division at the Central Highlands Junior Open

"It feels really good!" says Everett. "I won the least number of putts for the day as well, so I was pretty proud of myself. It was awesome having my Dad there to support me and I got to hang out with my golf friends from all of the other towns!"

"For his first ever representative golf season, he's had an absolute blinder!" says proud Dad, Jonathan 'Boff' Harris.

There were countless memories made over the season, but a stand out for Everett was when he nearly chipped in for a real birdie (2nd shot) on a Par 3 at Moranbah. *"It JUST missed the hole, stopping past it by about 10cm! I also like the nervous feeling I have before they announce who the winners are for the day."*

Even though the 2023 season is over, that doesn't mean the golf has stopped for Everett.

He and Boff continue their practice sessions at home, then there's the Chook Run at the Golf Club on Friday afternoons and the Social Ambrose on Sundays, and, of course, their hotly contested chipping competitions on the front lawn.

"We've actually had to deem two of them a tie as it was too close to call," says Boff. "I've still got Ev covered for now, although I don't feel I'll be holding the title for too much longer!"

Looking ahead to the 2024 season, Everett says he has his sights set on moving up to the 9-hole competition of the Junior Season, so he can *"maybe win the 9-hole Golfer of the Year award!"*.

"The move into the 9-hole competition requires quite an increase in mental discipline and mental stamina," Boff explains. "The energetic approach and physical endurance side of things really isn't an issue for kids of Ev's age, as I'm sure every parent would know. But the concentration side of things, that's a whole different story!"

But the 2023 season has taught Everett some valuable lessons that he'll take with him into next year. *"I've learned to never give up and concentrate right until the end. I came second in Blackwater by two shots, and I four-putted on the last green from about one meter! So now I know to try and keep concentrating for every shot."*

"I'm extremely thankful to Tieri Golf Club, in particular Mick "Cuttsy" Cutts, our Club President, and Ev's coach, Terry Price, who have both contributed to Ev's development over the last year," expresses Boff. "Both of these men have a great rapport with Ev and I really appreciate them going out of their way to give him some time out of their day. And also to all the Club members that make Ev so welcome whenever he's hanging around the club - thanks guys!" Everett playing the Sunday-Social Ambrose with senior members watching him tee-off

> The hotly contested chipping contest



CENTRAL HIGHLANDS KARATE Represent Australia at International Karate Championships

In September 2023, 4 students from Central Highlands Karate (CHK) dojo represented Australia at the 2023 JKA Indo Cup held in Mauritius.

Andrew Jansen (Sensei of CHK), Joel May, Matilda Dewhurst and Emielia Jansen were to compete at the inaugural event alongside Rosey Cameron, Lisa Cameron, Madison Dewhurst, Jordan Pisconeri, Braydee Wright, Baylen Wright, Addison Wright and Stella Kenny from the Mackay Central Highlands group (Mackay, Tieri, Capella, Emerald and Dysart dojo's).

The Australian team undertook rigorous training in preparation for the competition.

"Along with our regular classes in their dojo's in Tieri, Capella and Emerald we also train as part of the Mackay Central Highlands (MCH) lead by Sensei Lutie van den Berg 7th dan JKA, JKA Australian National team coach" explains Christel Jansen, owner and Sensei of CHK.

"The team would have training sessions in their own dojo's during the week, then travel to Mackay every weekend for the developmental squad, with Sensei Lutie. As well as being the JKA Australian National Team coach, he's a 7th dan JKA black belt, has represented South Africa, New Zealand and Australia at international and World Championship levels, and is a world renowned and sought after Instructor. We're incredibly lucky to have someone of Sensei Lutie's calibre so close by!"

In addition to the regular and squad training sessions, Sensei Lutie also ran National Team training sessions throughout the country (Bondi, Sydney in February, WA in April and in Mackay) which Australian team members from the MCH also travelled to so they could benefit from the extra training. "Every single member of the team put so much time and energy into their training," reflects Christel. "Emielia is currently studying at James Cook University in Townsville, but she would drive almost five hours to go to training in Mackay, then the five hours home before getting up to go to uni the next day. To represent your country is not something to be taken lightly; you do all you can to be your best."

Community Spirit in a Land Down Under

Training wasn't the only thing required ahead of the competition. The cost of flights, accommodation, uniforms, and everything else that goes into an international event like this soon adds up.

There's no doubt in my mind that we wouldn't have all been able to get to the Championships without the generosity of Tieri and the surrounding communities and businesses. The Tieri 40th Anniversary weekend was our biggest fundraising event and we can't thank the Tieri community enough for their generosity and support. Every donation helped towards getting our CHK members to Mauritius and compete on the world stage thank you, Tieri!"

Once in Mauritius, in the three days prior to the competition, the team attended seminars in the mornings with world class JKA Headquarter instructors Naka Tatsuya Shihan and Okuma Koichiro Shihan and JKA South Africa's chief instructor, Sensei Johan La Grange, followed by National Team training in the afternoons with Sensei Lutie.

The Championship was held over two days, with Juniors (10-21 year olds) competing on Friday 15th September and Seniors on Saturday 16th.

"On the Friday morning, we all piled onto the bus full of excitement. Everyone was buzzing. We were singing 'We come from a land down under' at the top of our voices. We even had a blow up mascot - 'Kostya-Roo' He came everywhere with us and was a real hit. A few countries tried to steal him but we managed to hang on to him," laughs Christel.

The format of the competition was the same for both Juniors and Seniors. The "Kata" event was held in the morning. Kata is best described as a set sequence of karate movements. There are 26 Katas in total, all very technical. It's an intricate event where sequence and timing is everything. The competitors each performed the same Katas during the elimination rounds until they got to the top eight, who then competed using their favourite Kata. The afternoons were dedicated to the 'Kumite" (fighting) events, where competitors from different countries are paired up to fight against each other using whatever form of karate moves they choose.

Christel describes the atmosphere as electric. "There were hundreds of people either representing or supporting their country. But the whole environment was supportive. People from other countries were shouting 'Aussie Aussie Aussie' from the bleachers, just so we would reply with 'Oi Oi Oi!'.

We were also fortunate to have our Chief Instructor of the JKA-SKC Australasia, Shihan (one of the highest rankings in karate) Keith Geyer, attend as a VIP guest. It was amazing to have the Australian team compete in front of him."

Medals and Memories

A huge congratulations to the following MCH team members for bringing home medals!

Kata Juniors

- Silver: Rosey Cameron
- Silver: Madison Dewhurst
- Bronze: Emielia Jansen

Kata Seniors

 Shout out to Joel May who placed 10th out of 16 - a great result for his first international competition!

Kumite Juniors

- Silver: Matilda Dewhurst
- Silver: Madison Dewhurst
- Bronze: Emielia Jansen
- Bronze: Rosey Cameron

Kumite Seniors

• Bronze: Andrew Jansen

We're all so proud of the team," says Christel. "It's really gratifying to see all their hard work and commitment pay off. Out of 18 countries, Australia came in fifth overall, so we're definitely up there with the best. That's an incredible achievement, especially when you consider that, for six of our MCH team members, it was their first ever international competition!

And obviously as a wife and mum, I'm super proud of Andrew and Emielia. She's represented Australia four times but this was her first time medalling. She truly deserved it. They all did - they were brilliant sportspeople."

"A heartfelt thanks again to the Tieri community for helping us make the most of this opportunity. And, on behalf of CHK, thanks to Sensei Lutie for his dedication and commitment to all of us, which is second to none. He travelled all over the country to help the students compete at their best and we're all extremely grateful."

At their dojo, Christel and Andrew always remind their students that competition is only a moment on the mat; what you do off the mat is just as important.

Off the mat in Mauritius, the Australian team embraced the learnings from international instructors and counterparts and made bonds with people from all over the world. They gave it their all and represented their country with passion and pride. The medals are fantastic but the memories are even more special and will last a lifetime.

Looking Ahead

2024 is the JKA World Championships in Japan so that's a big focus for CHK.

"People often think small towns like Tieri have nothing to offer. That couldn't be further from the truth. There is SO much on offer here, including our humble dojo that can take you from the ad hoc afternoon recreational session, to representing your country on the international stage...bring it on!"



AUSSIE TEAM: Front Row left to right: Braydee Wright, Addison Wright, Rosey Cameron, Matilda Dewhurst, Sensei Karin Prinsloo, Madison Dewhurst. 2nd Row left to right: Sensei Allison Kenny, Lisa Cameron, Anne van den Berg, Michelle Wright, Leon Neethling, Bill Keehne, Emielia Jansen. 3rd Row left to right: Baylen Wright, Stella Kenny, Sensei Jeff Krug, Sensei Lutie van den Berg, Sensei Edji Zenel, Priscilla Garvey. Back Row Left to right: Andrew Jansen, Jordan Pisconeri, Christel Jansen, Joel May



Left to right: Emielia Jansen, Sensei Lutie van den Berg (JKA Australian National team coach), Shihan Keith Geyer (Chief Instructor of JKA-SKC Australasia), Rosey Cameron.







VENCE Virtual Fence

Oaky Creek Coal and Colinta Holdings are expanding their grazing areas across the mine site in an innovative new way. Over the past few months, Colinta has grazed cattle across the lease using Vence – a virtual fence system. 80 steers have been grazing mining areas around the Aquila open-cut spoil without any physical fences.

Instead of a physical fence, Vence uses radio waves and satellite connection to section off areas. This approach enables cattle to graze across the site without installing extensive fencing infrastructure which is costly and also often difficult to install and maintain, particularly across the various domains of a mining environment.

Cattle are fitted with battery operated collars that play an audible sound when they are getting close to the "fence". If they try to walk through the "fence" and the virtual boundary, the collar automatically delivers a harmless sensation to encourage them back into the correct paddock. Cattle are 'trained' with virtual fencing by putting them in a paddock with existing physical fences and setting the Vence with the same boundaries. Once they come to understand what the ques mean, they are moved to the paddocks where the physical fences are removed and the Vence system is operational.

This new method of fencing has proven to be successful, allowing graziers to get real-time data on where their cattle are located. Paddocks can be designed online through the Vence app and the collars can be pre-programmed with instructions to muster cattle from one paddock to another, which greatly increases efficiency for the Colinta team. The Colinta team recently managed to move cattle from one paddock to a new paddock at Oaky Creek using a 1km virtual laneway which was a great achievement.

This is exciting technology and the Oaky Creek Environment & Community Team is looking forward to further exploring other innovative possibilities for its use.



Planning for THE FUTURE

Oaky Creek Coal's Progressive Rehabilitation and Closure Plan (PRCP) has successfully been submitted to the Department of Environment and Science (DES) for regulatory approval.

The PRCP is a plan that explains how Glencore will rehabilitate the land occupied by the Oaky Creek Coal mine and prepare it ready for its post mine land uses.

To develop the PRCP, the Environment & Community team at Oaky has been busy over the last three years collaborating the 30 years of technical work done during the mine's operation to date and conducting a series of geotechnical, ecological, aquatic, terrestrial and hydrology studies to help them better understand the current status of the land. For example, the slope of the land, the soil conditions, identifying fish, bird and plant species, and testing the water chemistry and quality.

These studies enabled us to understand the impact we have had on the land and what needs to be done to return it to safe, sustainable, structurally stable and suitable post-mining land uses such as grazing land, open woodland and wetland areas", explains Joel May, Environment & Community Manager.



A snapshot of the PRCP

The PRCP includes the results from the technical studies and the proposed suggestions for post-mining land uses, including analysis, justification and details of the rehabilitation methods and techniques the team recommends.

It includes the specific activities Glencore will carry out in order to successfully rehabilitate the land, as well as details of where, when and how these activities will take place.

The PRCP also includes valuable feedback from the series of consultation sessions Oaky Creek held during its preparation with local landholders, council and State Government, and other relevant members of the local community, including the Tieri Community Reference Group (CRG), regarding land rehabilitation and closure of the mine.

The full PRCP is expected to be available soon to the public here: apps.des.qld.gov.au/public-register/search/prc.php.

What happens now?

The DES will review and assess the PRCP to determine whether it meets the legislative requirements in the Environmental Protection Act.

If the DES approves the PRCP, they issue the final PRCP Schedule. This is a statutory document that includes time-based milestones that Oaky Creek must comply with for the successful completion of rehabilitation.

As always, we'll keep you updated in future editions of Tieri News and on tieri.com.au. ●



Safety Resets Encourage EVERYONE TO FOCUS ON THE BASICS

"The aim is to raise awareness of how to proactively identify any activities or hazards that could result in a hand injury and take the steps necessary to avoid or remove them before starting work, by having a clear plan in place. Because if there's no plan, there's no work."

Darren explains.

788 employees from Oaky Creek Coal took part in a recent Safety Reset, where everyone was asked to get 'back to basics' when it comes to safety.

'Safety Resets' were introduced by government legislator, Resources Safety & Health Queensland (RSHQ) back in 2019. After seeing a spike in workplace injuries and fatalities across the industry RSHQ asked all industry operators to stop and 'reset' to make sure the focus on safety remained strong.

The safety of its employees is Glencore's top priority, which is why it's one of their core values. In line with this, and as part of their Health & Safety strategy, Glencore committed to conducting 'Safety Resets' every two years, not just across its Queensland operations, but those in NSW as well.

"Resets are an opportunity for us all to stop and reflect on what's happening on site," explains Darren Andrews, Health, Safety & Training Manager at Oaky Creek.

"They're a chance for people to speak up and have their say, identify and address any safety issues that may be lingering, ask any questions and, ultimately, make sure our head is well and truly in the game as far as safety goes."

The RSHQ Safety Reset theme for 2023 took everyone 'Back to Basics' and reflected on Oaky Creek Coal's 'No Plan No Work' campaign. Combined, the message to employees was simple: before the job starts, during the job, or if the job changes, at any point, if it's not safe or if you are remotely unsure, STOP.

"Our No Plan, No Work initiative is all about getting the basics right before you start work. We make sure everyone puts a plan together of what work they're doing. If you don't have a plan, you don't do the work," says Darren.

Over 10 sessions, six at Oaky North and four at Oaky Surface, team members reflected on why it's vital to stop for safety and discussed the importance of reporting safety issues, hazards and concerns, as well as how to report concerns, how concerns are

escalated, the support provided to those who report concerns, and the positive, life saving ripple effect reporting can have on them and their teammates. They identified and agreed on the role everyone plays in ensuring a safe working environment, including the responsibilities of Managers, Supervisors and all personnel. Then they delved into the No Plan, No Work campaign, exploring what it means to have a plan in place, the different forms a plan can take, a checklist of what makes a plan effective, what to do if things change, and lessons learnt from poor planning or deviating from the plan. The 2.5 hours sessions finished with robust discussions and in-depth Q&A.

"We've had really positive feedback from the 2023 Safety Reset sessions, especially for the 'No Plan, No Work' initiative we put in place in 2020," says Darren. "We've also been able to identify areas where more work needs to be done, for example communication forums and feedback on hazards. This is something we'll be working on going forward as part of our overall health and safety plan."

Of course, that plan isn't limited to the Safety Resets every two years. Oaky Creek has a workforce - a community - that wants to help each other stay safe. As such, they don't rely only on the Safety Resets to make a difference. In addition to recommencing their monthly Safety Training days that focus on a different safety element each month, they will always stop and reassess if they see an increase in injuries.

"Unfortunately, we've had nine hand-related injuries this year. We stopped and reset as a group to understand what's happening. As a result we have a dedicated campaign kicking off in December designed to 'Give Hand Injuries The Finger," Darren explains.

"The aim is to raise awareness of how to proactively identify any activities or hazards that could result in a hand injury and take the steps necessary to avoid or remove them before starting work, by having a clear plan in place. Because if there's no plan, there's no work."

NEW

multipurpose courts ready to take the win



"Whether it be the physical aspect of getting outside and getting active, or the mental health benefits of a sense of pride and belonging – council are committed to making improvements that benefit all residents."

Said Leisa Donlan

Central Highlands Regional Council has announced there are big plans for the Tieri tennis and basketball courts in a rejuvenation project due to start soon.

Work is set to begin on 4th December 2023, and demolition of all courts will occur in two stages, to ensure that the community has access to at least two courts at all times.

Construction of two new multipurpose courts will begin in the new year and once completed, the new premises will feature additional lighting and security fencing for enhanced usability of the area.

"We know the positive impact that these facilities have on our communities," said Leisa Donlan, Acting General Manager Communities.

"Whether it be the physical aspect of getting outside and getting active, or the mental health benefits of a sense of pride and belonging – council are committed to making improvements that benefit all residents," she concluded.

This rejuvenation of the tennis and basketball court area in Tieri, a key capital project for the 2023-24 financial year will enhance the recreational opportunities of the town, cementing Tieri's reputation as a 'top little town'.

If you have any enquiries, please contact Council on 1300 242 686.

'POST' WITH 'PARCELS' Collect your post

Christmas is coming and online shopping is ramping up.

Australia Post has advised the Tieri Post Shop that all packages must be collected within 10 days.

To avoid disappointment, it's important that you collect your parcels from the Post Office within that timeframe, otherwise they will be returned to the sender.

If you are going away or will be unable to collect any packages within the 10-day timeframe, you will need to place your mail and parcels on hold by visiting Hold mail - Australia Post (auspost.com.au).

CLICK HERE

If your parcel isn't collected within 5 days,you'll be sent a reminder to pick it up before the 10th business day. If it's not collected by then, Tieri Post Shop will have to return it to the sender.

Australia Post



WAYNE MILLER Recognised for 40 Years with Glencore

ag Board

Tieri and Oaky Creek aren't the only ones celebrating the big 4-0 this year.

Congratulations to Wayne Miller who was recognised in October for his 40 years of service to Glencore.

Wayne has been with Oaky Creek for half that time, working as a mechanical fitter in the long wall and, currently, in development. Prior to Oaky, Wayne was at Mount Isa.

At the prestart meeting on Tuesday, 10th October, Damien Wynn, General Manager & Site Senior Executive at Oaky Creek, and Clint Cody, Production Manager, presented Wayne with a plaque to mark the occasion.

Wayne, thanks so much for your service and contribution to our team," says Clint. "Your forthright approach, vast experience and dedicated work ethic are incomparable. It's not often you get to celebrate incredible milestones like this and we're all really pleased for you mate, congratulations."

Oaky Creek Nor

Tieri Community Directory



Community Information & Support CTM LINKS Community Support

& Development		
CH Wildlife Carers Inc		
Snake Catchers - Allan Barry		
Brad Lane		
CFMEU Oaky North Lodge		
13 Health (Assessment, Referral, Advice)		
LIFELINE (Phone Support)		
1800 Respect (Domestic Family Violence Support)		
(Domestic Family Violence Support)		
MensLine Aust. (Prof. Counselling & Support) 1300 78 99 78 Kids Helpline (Prof. Counselling & Support Ages 5-25)		
Kids Helpline (Prof. Counselling & Support Ages 5-25)		
(Prof. Counselling & Support Ages 5-25)		
CQ Financial Counselling Service		
QLD Gambling Helpline		
QLD Alcohol & Drug Information & Support1800 177 833		
Tieri Community Churchtiericommunitychurch@gmail.com		
Nearest Vets Emerald or Clermont		

Social Media - Facebook Tieri Noticeboard

Oaky Creek Coal & Town Services

Town Services - Housing / Maintenance	4984 7700
Membership Golf Club / Gym Pool	4984 7700
Kids Club Creche Gym / Pool	4987 7700
Oaky Creek Coal Reception	4984 7100
Oaky North Comms	
Oaky Surface CHPP Comms	4984 7292
OCC HR & Payroll	4984 7401
Oaky Creek Coal Community Hotline	1800 732 895
Employee Assistance Program (EAP)	1300 687 633

Emergency Services

In an emergency, call Triple Zero (000)

Police Fire Ambulance 000 Police Link 131 444 SES 13 25 00

Central Highlands Regional Council PH: 1800 242 686

<u>WATERING DAYS</u> (for Private Gardens) Mondays Tuesday, Thursday, Saturday 4 - 8pm Wednesday, Friday, Sunday 4 - 8pm

No Sprinkler use Zone A (NW of Malvern Av.) Zone B (SE of Malvern Av.)

BIN DAY - THURSDAY Red Lin Bin (General Waste) WEEKLY Yellow Lid Bin (Recycling) FORTNIGHTLY (Even numbered weeks)

 WASTE FACILITY - DUMP

 Tieri - Capella Road (3km from town)

 Monday - Sunday
 9:00am - 5:00pm (Closed 1:00 - 1:30pm)

TIERI LIBRARY & TRANSACTION CENTRECorner of Grasstree & Anncrouye StreetsMonday Friday9:00am - 5:00pmSaturday9:00am - 12:00pm

Community Groups & Volunteering

Tieri State School P&C Tieri State School Tuckshop Tieri Sharks Swim Club Tieri Possums Playground Central Highlands Karate Peak Downs Junior Pirates Rugby League Club CTM Links Community Support Network Inc. Tieri Golf Club Tieri Local Ambulance Committee Tieri Community Reference Group Tieri Catholic Caring Shop Central Queensland Wellbeing Hubs Inc. Central Highlands Wildlife Carers Inc. **Email: tieri@ctmlinks.com.au for contact details**







Follow QR Code to <u>www.tieri.com.au</u> for more about Tieri, Upcoming Events & Updated Contacts Data correct at Time of PRINTING - SEPTEMBER 2022



to share with Tieri regarding your local business, service, community organisation or sports club?

SUBMIT YOUR STORY HERE



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